

Summer 2017

Volume 42 Issue 2



# Saskatchewan Dental Therapists Association



Do you live in a great community that you would love to have showcased? Send your photos and write up to [patricia.skalicky@sasktel.net](mailto:patricia.skalicky@sasktel.net) and it might be featured in an upcoming issue!

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April 2017 Minutes

## SDTA Community Spotlight:

### La Ronge

A vibrant town with a population of approximately 3,000 people located on the shores of Lac La Ronge, nestled next to Lac La Ronge Provincial Park (Nut Point) and space to the beautiful Boreal Forest.

The Northern Town of La Ronge closely neighbours two other communities, the [Northern Village of Air Ronge](#) and the [Lac La Ronge Indian Band \(LLRIB\)](#).

We are home to the [La Ronge Ice Wolves](#) SJHL hockey team, volunteer groups, many community parks, a great variety of food, a sandy beach right down town and can boast the convenience of being close to ski trails, campgrounds, hiking trails, golf courses, and of course, world class fishing lakes!

### Today's Funny

What does the  
Dental Therapist of  
the year get?

A little plaque

### Did you know?

Charlie Chew is hidden in  
this issue. Can you find him?



### Trivia

Minnows have teeth in  
their throat

## SDTA President's Message – Glenda Burnouf



I hope everyone is enjoying the first few weeks of summer so far, and for those of you with children, that their summer holidays are off to a great start!

The SDTA conference held in April was a huge success from what I gathered. Good job to Yorkton for doing an excellent job in hosting the 'Mexican Fiesta' conference. At the AGM, elections were held and I would like to introduce and welcome the newest member of the SDTA Council, Patricia Skalicky. She has taken on the position of Editor and is going to be fabulous at it as evident in this first newsletter that she has created.

I would like to extend congratulations to our new Vice President Mary-lou Sanderson. She has transitioned from council member to Vice President smoothly and I am looking forward to working with her for the upcoming year. Mary Lou and I met when we first started dental therapy school back in 1991 and here we are ready to work together side by side as President and Vice President 26 years later! Welcome back to Council to Heather

Sali, Adam Heimbecker and Lenia Riviera, your knowledge and experience are greatly appreciated.

I would also like to thank the outgoing members, Amelia Swiderski for your dedication and commitment to our Council and to Loretta Singh for your knowledge, information and excellent guidance during your term as Past-President. I am beyond grateful as you directed and guided me through my first year as President. I will really miss you and hope to see you at this table again in future years.

And last but not least, I would like to recognize and share a Facebook post that many of you have probably read and shared. Leslie Topola's June 11<sup>th</sup> post was both heartbreaking and maddening. It reads as follows:

*On June 11th, 1987 over 420 Saskatchewan Dental Plan (SDP) staff were ushered into meeting rooms all throughout Saskatchewan and fired - the death of the SDP on that day was truly devastating for everyone with full and complete dismantling of the program by Aug 31/1987!! All evaluations and scientific literature to date indicate it was the best dental public health program in the world based on a dental therapist model of delivery.*

*With the rates of day surgery for kids under 6 rising steadily throughout Canada and the significant % of people that report to ER's across Canada due to dental issues (mainly because they cannot access or afford seeing a dentist) it is time to ACT and for the powers that be, to work collaboratively together, to ensure that the discipline of dental therapy is implemented again in Saskatchewan - and across Canada! Dental therapist's skills can be focused on young children to provide treatment so that there are few children having to have GA for dental treatment (it is the #1 reason why kids under 6 have surgery in Canada) and also to work with vulnerable populations so that dental treatment can be met with easy access to culturally competent care thus reducing ER visits for pain/infection!*

*Dental treatment under GA and ER visits to deal with dental pain and infection is costing the health care system hundreds of millions of dollars annually when there is a proven solution!!!!!! Time for people to get over all of the political issues and MOVE FORWARD with ensuring that dental therapist's profession continues into the future!!*

*In honour of the 30th anniversary of the "death" of the Saskatchewan Health Dental Plan please share with others!!. Please also visit the Saskatchewan Oral Health Coalition website for historical articles, SDP annual reports and articles on the future of dental therapy.*

We are a truly exceptional and unique profession and I value each and every one of you. Stand proud to be a Saskatchewan Dental Therapist!

As always, your input, feedback and suggestions are greatly appreciated.

Warm Regards,

Glenda Burnouf SDT, RDH

## SDTA Vice President's Message- *Mary-Lou Sanderson*



Dear Colleagues,

It is indeed a great honour to be elected as Vice President of our Association. I am grateful for this opportunity to represent our dental therapy profession and I believe all my knowledge and experience will be an asset.

I graduated from the National School of Dental Therapy in 1993 with our President Glenda Burnouf! I am looking forward to working with her to ensure dental therapists are recognized and respected partners in the health care field and to advocate for the training of dental therapists.

Currently, I am the Team Lead/Dental Program Manager for FNIHB-Health Canada and I have been employed with this organization since May 2009. Professionally, I have had a unique and diverse work history as a dental therapist. My past experiences includes providing dental treatment services in private practice and First Nation communities, Dental Assisting Instructor at the University College of the North, Dental Therapy Instructor at NSDT, and Dental Therapist Supervisor for the Prince Albert Grand Council. I have dedicated the majority of my career working with First Nation communities.

Also, I want to personally thank Heather Sali for all her hard work and dedication for the past two years. It is great to see our younger generation in leadership positions and in turn inspire other young dental professionals to be future council members.

I am very excited to be embarking on this new path in my dental career and I will work hard to ensure our voice is heard.

Regards,

Mary-Lou Sanderson

## SDTA Executive Director's Report – *Cindy G. Reed*



Summer is finally here! I hope everyone has a chance to get away and enjoy some time with family and friends.

The biggest news with the SDTA is council's approval of the Dental Health Aide Therapist Education Program at Ilisagvik College in Alaska. The approval process has been completed and a motion to approve the college has been passed by the SDTA council. We can now register and license graduates from the college. Those interested can contact the college directly.

By now everyone has had their current continuing education updates mailed to them. Once again if anyone is short credits please contact me as soon as possible. If you are short credits you will not be able to renew your license for February 1, 2018.

Along with the continuing education credit updates we included information on two continuing education opportunities being held on September 28-30, 2017. The Saskatchewan Oral Health Conference is being held in Regina and is sponsored by the U of S and the College of Dental Surgeons. The Saskatchewan Dental Assistants Association and the Saskatchewan Dental Hygienists Association are sponsoring a Fall Conference in Saskatoon. Our members are welcome to register at either conference.

The SDTA has completed the editing and printing of the Lift the Lip pamphlet and the Parent's Guide to Oral Health. We will also be organizing an additional printing of the Walk With Charlie Chew booklet. More information and costs can be found in the newsletter. A copy of each has been included in the newsletter mailing.

Now you can get the SDTA newsletter on the go. No more waiting around for your newsletter to arrive in the mail. The newsletter has gotten a facelift and this will be the last printed issue to arrive in your mailbox. The paperless version will now be available to everyone via email and on the SDTA website. This will be a cost saving, environmentally friendly option for our members. Members will be able to access interactive links to websites and information relevant to our profession. Enjoy!

Thank you to the SDTA council and members for their support and encouragement throughout the year. If anyone has any concerns they can contact me at [sdta@sasktel.net](mailto:sdta@sasktel.net).

Respectfully submitted

Cindy G. Reed SDT



**Mission Statement:**

The Saskatchewan Dental Therapists Association is dedicated to improving and promoting oral health excellence for all, respecting diversity and individuality. We are committed to protect the public by ensuring the quality and competency of our members.

**Vision:**

Healthy Mouth  Healthy Body

**Values:**

- Respect for diversity, culture, and individuality
- Care and compassion towards clients and colleagues
- Innovative and progressive members who adapt readily to change

**Goals:**

- To protect the public
- To ensure that dental therapists are recognized and respected partners in health care
  - To improve accessibility to oral health care
- To provide quality continuing education/health education for SDTA members and the public



**SASKATCHEWAN  
DENTAL  
PLAN**

June 11<sup>th</sup>, 2017 was the 30th anniversary of the dissolution of the school based Saskatchewan Dental Plan. This innovative and cost effective program had a 90% enrolment rate showing its wide acceptance by the public. Dental Therapist and Dental Assistant teams provided quality oral care to children throughout the province in a very accessible way. Dental Therapists have since continued to provide quality care in public health

programs, private practice and in First Nation dental programs. We are proud of our members past and present. They have and will continue to be an integral part of the oral health team providing quality oral health care for the people of our great province.

## *What's New With The SDTA?*

According to the Saskatchewan Dental Therapists Association (SDTA) Bylaws, in order for a dental therapist to be registered and licensed with the SDTA they must have successfully completed an educational program in dental therapy recognized by the SDTA Council.

The SDTA Council held its spring meeting on May 27, 2017. At that meeting the Ad Hoc committee, tasked with the review and evaluation of the Dental Health Aide Therapists Program at Ilisagvik College, made its presentation to council. After discussion, the SDTA council passed a motion stating that pursuant to the SDTA Administrative Bylaws - Bylaw I Section 4 (1) the SDTA council, having completed a review and evaluation, approve for recognition the Dental Health Aide Therapists (Dental Therapists) Program at Ilisagvik College in Alaska, USA.

We hope this provides the opportunity to further our relationship with Ilisagvik College and register their graduates in the future.

This allows the dental therapy profession the additional opportunity to continue improving and promoting oral health excellence for all, respecting diversity and individuality. We are committed to protect the public by ensuring the quality and competency of our members.

If you wish to discuss this further you can contact Cindy G. Reed, Executive SDTA Director at (306)672-3699 or [sdta@sasktel.net](mailto:sdta@sasktel.net).

Sincerely,

Cindy G. Reed  
SDTA Executive Director

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The newsletter will also be accessible on the website at [www.sdta.ca](http://www.sdta.ca)



## Saskatchewan Dental Therapists Association Committees of Council

**Executive Committee** - Glenda Burnouf/Mary Lou Sanderson/Richard Rodda/Cindy G. Reed (non-voting)

**Professional Conduct Committee** - Adam Heimbecker Chairperson/Richard Rodda (Public Rep.), Patricia Gottselig, Shirley Mathieson, Lacey Evanochko

Responsibilities are to:

- Carry out the duties as legislated under *The Dental Disciplines Act* and The Saskatchewan Dental Therapists Association Bylaws, including investigating incidents of professional misconduct and incompetence.
- Keep all documentation and information confidential.
- See The Dental Disciplines Act 28.-31 and 36 <http://www.sdta.ca/mrws/filedriver/DDA.pdf>
- See The Saskatchewan Dental Therapist Association Bylaws Regulatory Section 1 <http://www.sdta.ca/mrws/filedriver/BYLAWS3.pdf>
- Discipline committee business may occur in person, by telephone and/or by electronic means.

**Discipline Committee** - Dwight Krauss Chairperson/vacant (Public Rep.)

Responsibilities are to:

- Carry out the duties as legislated under *The Dental Disciplines Act* and The Saskatchewan Dental Therapists Association Bylaws, including investigating incidents of professional misconduct and incompetence following notification from the Professional Conduct Committee.
- Keep all documentation and information confidential.
- See The Dental Disciplines Act 32 – 36 <http://www.sdta.ca/mrws/filedriver/DDA.pdf>
- See The Saskatchewan Dental Therapist Association Bylaws Regulatory Section 2 <http://www.sdta.ca/mrws/filedriver/BYLAWS3.pdf>
- Discipline committee business may occur in person, by telephone and/or by electronic means.

**Credentials/Professional Development Grant Committee** - Amy Read Co-Chairperson/Heather Sali Co-Chairperson/Barb Ing, Shari Nowosad

Responsibilities are to:

- Make recommendations to Council and/or the Registrar about the suitability of an applicant for registration or licensure.
- Evaluate and determine credit allocation for courses and/or professional development activities of members that may be approved by council.
- Advertise the professional development grant, review the applicants and assist council in selecting winners.
- See The Saskatchewan Dental Therapist Association Bylaws Administrative Section 10 <http://www.sdta.ca/mrws/filedriver/BYLAWS3.pdf>

**Continuing Education/Professional Development Committee** - Jaylynn Parenteau Chairperson, Mary-Lou Sanderson, Lacey Evanochko, Cathleen Lesperance

Responsibilities are to:

- Organize, publicize and conduct continuing education workshops.
- Arrange speakers for the Annual Professional Development.

**SDTA Annual Conference/Election Committee** - North Battleford (tentative), Shari Nowosad Chairperson

Responsibilities are to:

- The Professional Development Committee has the specific mandate of visioning, planning and hosting the SDTA Annual Professional Development.
- The Annual Professional Development shall rotate to various locations in the province to be determined by council.

**Editorial Committee** - Patricia Skalicky Chairperson Editor/Amy Read

Responsibilities are to:

- Design and publish the SDTA newsletter.
- Maintain a written and pictorial history of the SDTA.

**Community Oral Health Committee** - Lenia Rivera Chairperson, Patricia Skalicky, Amelia Swiderski

Responsibilities are to:

- Create awareness and prevention of oral disease to the public.
- Organize activities for National Oral Health Month, regionally and/or provincially as determined by council.

**Trade-A-Tooth** - Lacey Evanochko

**Facebook Administrator** - Lacey Evanochko

**Website** - Glenda Burnouf/Cindy G. Reed

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## SDTA REGIONAL REPRESENTATIVES

Regional Representatives are responsible for administering the regional initiative fund and the dental health month fund in their respective region. They also act as a liaison between the SDTA council and members.

The Regional Initiative Fund is \$150.00/year. It is to be used for expenses incurred for organized functions in the region. Functions could include study clubs, continuing education sessions, social gatherings, etc. These activities do not need to be professional in nature and can be purely social.

The Dental Health Month Fund is \$200.00/year. It is to be used for dental health month related activities at a regional level.

Members interested in representing their respective region can contact Cindy G. Reed (306)672-3699 or [sdta@sasktel.net](mailto:sdta@sasktel.net).

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## Staying Current

### OPEN CUP

Your baby should start practicing drinking from an open cup at 6 months of age. Most of your baby's nutrition will still come from breastmilk or formula. Your baby will start to eat solid foods around this age as well. If you formula feed, start weaning your baby off the bottle at 12 months. Your baby should no longer be using a bottle by 18 months. When starting with an open cup only use water. As your baby's skills improve you can consider offering expressed breastmilk or formula in addition to water. Whole cow's milk can be offered when your baby reaches 9-12 months of age.

Your baby does **NOT** need juice, pop, iced tea or other sugary beverages.



### How to Help

Seat your baby securely and comfortably with baby's bottom well back in the chair. When your baby is ready to try drinking, add a small amount of water. Increase the amount as he/she gets better at drinking from the cup. If needed, you can help by gently tipping the cup from the bottom as he/she learns. Always use your baby's name and encouraging words.

When your baby drinks from a sippy cup they are using a sucking motion like they would with a bottle. You want your baby to learn to sip, which a regular open cup teaches. Sometimes it's messy but if you use water it will be an easy clean up. Like learning to walk or ride a bike it takes practice and encouragement. Be patient and the rewards will be fantastic!

### Cups to Avoid

**Avoid the no-spill training cup.** This type of cup does not spill or pour out when turned upside down. Many versions of this type exist. Some come with a small straw or spout and may have a valve which stops liquid from spilling and will require your baby to suck on either the spout or straw. A spout or straw holds the tongue down like a tongue depressor. If a child is reliant on this method of drinking, essential swallowing muscles will not develop. No-spill cups are also harder to clean and can trap germs in the spout and valve.

While no-spill cups may at first seem more convenient, they are not the best choice for your child and are not recommended. Health professionals are seeing more cavities and speech difficulties or delays among young children who use a no-spill training cup.



## Member Recognition

The SDTA would like to acknowledge those Dental Therapists that deserve recognition for outstanding work in the field of Oral Health. If you would like to recognize a fellow Dental Therapist, please send your write up to: [patricia.skalicky@sasktel.net](mailto:patricia.skalicky@sasktel.net)

### LESLIE TOPOLA

Leslie has been the recipient of several awards. Both the Saskatchewan Dental Hygienists Association and The Saskatoon Health Region have recognized Leslie for her hard work, passion and commitment in the field of Oral Health. Congratulations Leslie!

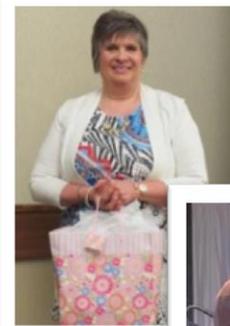
In honor of Leslie's retirement, we would like to acknowledge all she has done within the oral health community and more importantly, for the people of Saskatchewan throughout her career.

Leslie graduated from Wascana Institute of Applied Arts & Science in 1974, in the first class of dental "nurses". Leslie worked as a dental therapist in the Saskatchewan Health Dental Plan from 1974 to 1987. She became a Dental Health Educator in 1987, and then accepted the position of Director of the Dental Health Education Program for Saskatchewan Health, managing the provincial program until 1995. Leslie is currently the Manager of the Oral Health and Rural Public Health Nursing Department in Population and Public Health. She served as President of the Saskatchewan Dental Therapists' Association from 2001-05, and received an Honorary Lifetime Member Award in 2006.

Leslie is passionate about her work and is most proud of her role in founding the Saskatchewan Oral Health Coalition. It started as the Saskatoon Oral Health Coalition in 2010 and under Leslie's leadership has expanded to the province. It is a diverse group of people who are dedicated to working together collaboratively to improve the oral health of vulnerable populations. Leslie also worked closely with the Ministry of Health over the past few years to implement preventive dental public health programming, focused on health equity, throughout health regions in Saskatchewan.

Leslie is passionate, dedicated and a true champion for oral health. Her leadership and ability to work with *all* oral health professions has made a difference, not only in the lives of the oral health professions but especially for the vulnerable population groups.

On behalf of our SDHA members, staff, & Council, thank you Leslie, for all you have done over the years and congratulations on your retirement!



### *Muriel Jarvis Award* Leslie Topola

Leslie is currently a Manager in Saskatoon Health Region (SHR) - Population and Public Health. Her career and expertise in community-based dental public health spans 40 plus years. As residents of Saskatchewan, almost every one of us has benefitted from the career of Leslie Topola and her passion for oral health! She was among the first class of graduates in dental therapist training in Saskatchewan in 1974. Leslie worked as a dental therapist in the Saskatchewan Dental Plan from 1974 to 1987 in Saskatoon. From 1987 to 1992, she was a dental health educator in Saskatoon Rural Health. In 1992, Leslie became Acting Director of the Dental Health Education Program for Community Health Services in Saskatchewan Health. In this role, she managed the provincial Dental Health Education program. Since 1995, Leslie has managed a variety of programs and staff in Population and Public Health including the Oral Health Program and Rural Public Health Nursing. She continues to work closely with the Ministry of Health in developing and implementing dental public health programming throughout the province. Leslie served as President of the Saskatchewan Dental Therapists' Association from 2001-2005 and was named an Honorary Lifetime Member in 2006. Leslie founded the Saskatchewan Oral Health Coalition, which started as a Saskatoon group in 2010 and under Leslie's leadership soon expanded province wide. The Coalition is a diverse group of people dedicated to working collaboratively to improve the oral health of vulnerable populations. The coalition's proudest success to date has been the development of the Saskatchewan Oral Health Strategy for Seniors and Long Term Care: Best Practice Standards for Saskatchewan. This strategy is being implemented in SHR, has been shared with all health regions, and is currently being presented to the Ministry of Health for consideration. Leslie truly walks the talk – exemplifying our values in all she does.

**Respect, Dignity and Compassion:** Leslie interacts with hundreds – staff, management, community partners, and the vulnerable clients we serve. Each individual is accorded the same level of listening, respect, fairness and empathy. She is the same with everyone, every time.

**Excellence:** Leslie strives for (and achieves!) excellence in all she does; once excellence has been achieved, she does not rest on those laurels but rather tweaks, evaluates, and plans on how to achieve Excellence 2.0 going forward.

**Generosity and Inspiration:** If you are part of Leslie's team, you can't help but be inspired by Leslie's passion and enthusiasm for what she does and it is positively contagious – you will be pulled along on the adventure! She encourages and brings out the best in us. She notices everything and is thoughtful and generous with positive feedback.

**Tenacity, Strength and Determination:** Leslie's lifetime of experience allows her to see the big picture in a way that few others can. As government priorities have shifted and evolved over the years, Leslie has fought tirelessly to keep the dental health of vulnerable children at the forefront. Her tenacity and her vision have been the driving forces behind dental public health services in Saskatchewan.

***This will be the last newsletter  
that you will receive via mail.  
All future newsletters will be  
emailed electronically.***

*If you would like to submit or  
update your email address, please  
email [sdta@sasktel.net](mailto:sdta@sasktel.net)*

*The newsletter will also be  
accessible on the website at  
[www.sdta.ca](http://www.sdta.ca)*

## Why sugar coat it?

**Pop. Juice. Sports drinks.  
Energy drinks. Vitamin waters.**

These sugary drinks have little-to-no nutritional value and put our children at risk for heart disease, stroke, obesity, diabetes, cancer and dental decay.

**Be sugar smart**

[heartandstroke.ca/besugarsmart](http://heartandstroke.ca/besugarsmart)



\*The heart and / icon and the Heart&Stroke word marks are trademarks of the Heart and Stroke Foundation of Canada.



The Saskatchewan Oral Health Coalition formed in 2010. It consists of health professionals, including oral health professionals, community agencies, health region programs, provincial agencies, First Nations communities, and individuals and groups whose goal is to improve the oral health of Saskatchewan residents. The coalition holds biannual meeting and launches biannual newsletter each year (spring and fall).

Through a unified voice, the Saskatchewan Oral Health Coalition works collaboratively with dedicated partners to improve the oral and overall health of Saskatchewan residents.

As an inter-disciplinary group, we strive to identify and address the needs of vulnerable populations, and by using evidence based decision making, promote advocacy, education, prevention and standards.

### UPCOMING EVENTS:

October 24, 2017 - Regina



## CE Corner



**2017 SASKATCHEWAN ORAL HEALTH Conference**

SEPTEMBER 28-30, 2017 • Regina SK  
Double Tree by Hilton Hotel & Conference Centre  
*Registration online only!*

[www.saskoralhealthconference.com](http://www.saskoralhealthconference.com)

The College of Dental Surgeons of Saskatchewan

Saskatchewan Dental Hygienists' Association  
&  
Saskatchewan Dental Assistants' Association



**2017 Fall Conference**

September 29 & 30, 2017

The Willows Golf & Country Club  
382 Cartwright Street  
Saskatoon SK  
[www.sdaa.sk.ca](http://www.sdaa.sk.ca)

### CE Websites:

- <http://www.vivalearning.com> (Oral health topics via live and recorded webinars)
- <http://www.dentalcare.ca> (Oral Health topics – on demand)
- <https://www.oralhealthcd.com>
- <http://webbertraining.com> (Infection control topics – live and recorded webinars)
- <https://www.saintelizabeth.com/fnif> - infection control course

### Saskatchewan Dental Hygienists' Association & Saskatchewan Dental Assistants' Association

**2017 Fall Conference October 13 & 14, 2017**

Travelodge Hotel, Regina SK

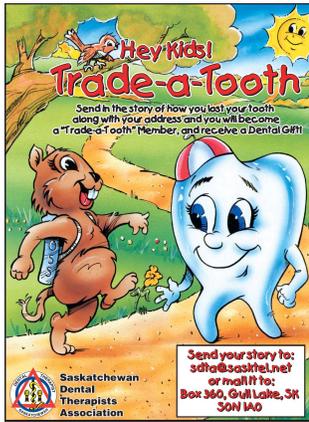
**SAVE THE DATE**



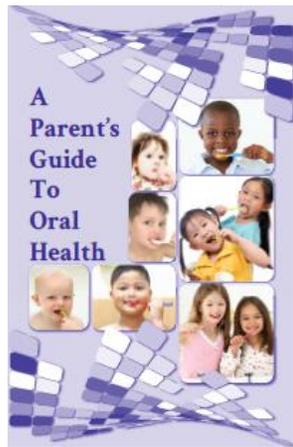

Featuring Irene Iancu, BSc, RDH, CTDP as keynote speaker featuring "Bacteria Gone Wild". Other presentations include: Mindfulness, "Nice Teeth...Bad Bite", and more....

For more information go to [www.sdha.ca](http://www.sdha.ca)

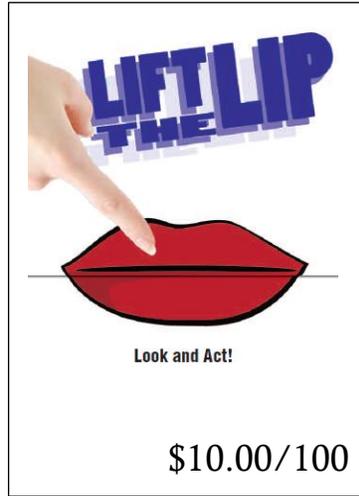
# SDTA Resources / Promotional Items



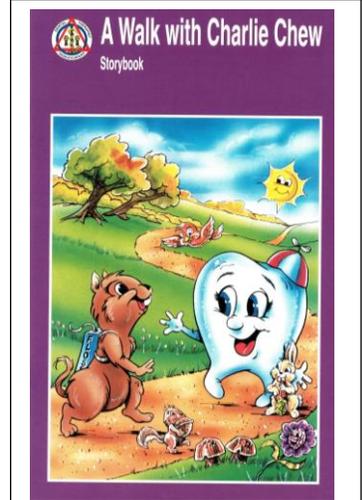
FREE



\$0.95 ea



\$10.00/100



\$0.60 ea



Golf Balls - \$10.00/3pk



Tattoos - \$15.00/100



Lapel Pins - \$3.00 ea



Thermos - \$15.00 ea

To order contact the SDTA  
Phone: (306)672-3699  
Fax: (306)672-3619  
Email: [sdta@sasktel.net](mailto:sdta@sasktel.net)



Water Bottle - \$8.00 ea



Tote Bag - \$8.00 ea



Watch - \$25.00 ea

## Recipes

# BAKED WALLEYE



### INGREDIENTS:

- 2 walleye fillets, 4 ounces (120 g) each
- 2 garlic cloves, minced
- 1 tbsp (15 ml) butter, melted
- 1 tsp (5 ml) pepper
- 1 tsp (5 ml) basil or oregano or thyme, dried or 1 tbsp (15 ml) fresh
- Zest of one lemon

**Serve with vegetables and rice. Try brown rice for extra nutrients!**

### Recipe by: Eugene Jeong

Eugene moved to Canada in 2004 to study nutrition at McGill University. Her work life included the Community Kitchen in downtown Thunder Bay where everyone shared knowledge and skills about health and traditional cooking.

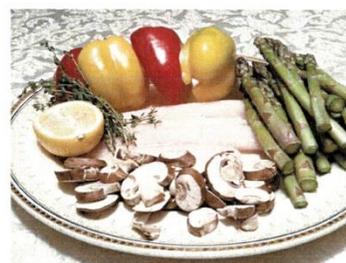
*Some adaptations have been made to the original recipe.*

### METHOD:

1. Preheat oven to 400°F.
2. Mix melted butter; minced garlic, pepper; herbs and lemon zest. Pour the mixture over the fillets.
3. Bake 15 minutes or until the fish is opaque.

#### Steps to fillet the fish:

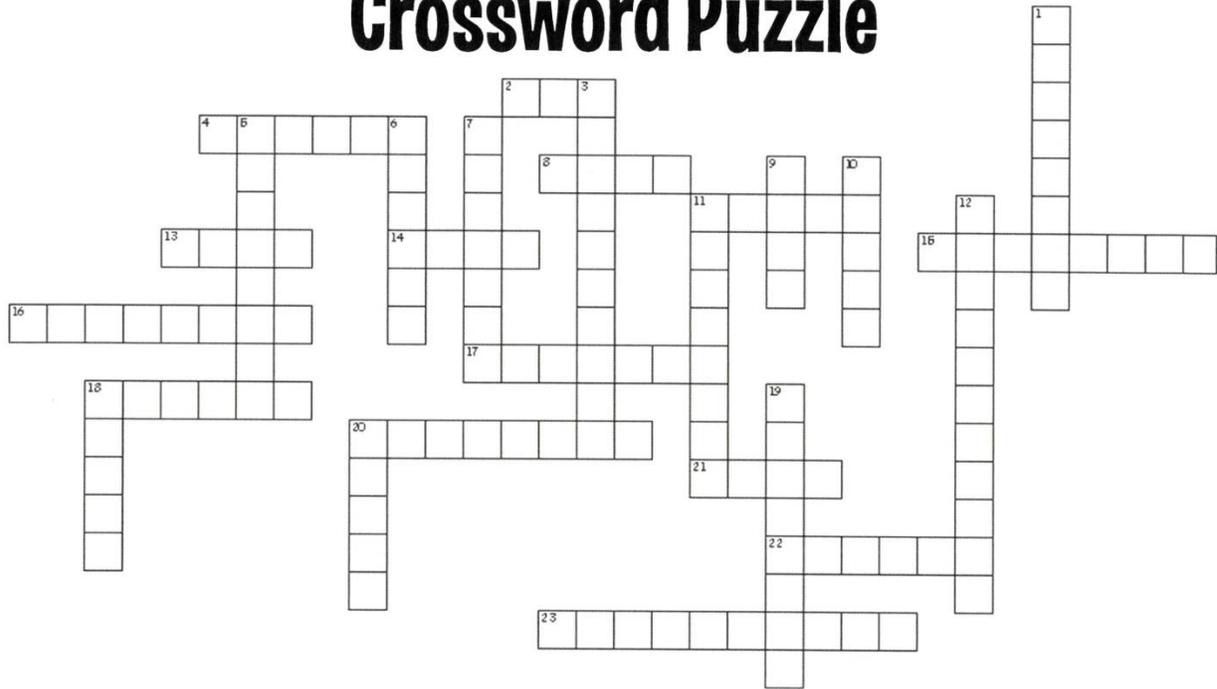
- Cut behind the front fin towards the backbone.
- Once you hit the backbone, turn your knife towards the tail.
- Cut straight down the backbone to the tail.
- To remove the ribcage on the fillet, place your knife at the edge of the rib cage and slice about 1 inch deep.
- Slice down  $\frac{1}{8}$ <sup>th</sup> of an inch on the other side of the ribcage. Remove the ribcage.
- Remove any other bones.



*Unplugged FUN!*

# Watch Your Mouth!

## Crossword Puzzle

**Across**

2. A food, deep yellow inside, belonging to the vegetables group
4. A primary cause of cavities and gingivitis
8. The innermost tissue of a tooth
11. With good personal and professional care, you should keep your teeth as long as you are \_\_\_\_.
13. The unit you are studying is about \_\_\_\_ health.
14. A liquid containing calcium
15. The thin, hard covering of the root of a tooth
16. Most dentists recommend a tooth brush with soft \_\_\_\_\_.
17. A dangerous product that is bad for your total health
18. A food with a white inside, belonging to the vegetables group
20. A natural substance which can help prevent cavities
21. A member of the grains group, frequently eaten in Asian countries
22. A watery secretion that bathes teeth and promotes digestion
23. Used to remove plaque

**Down**

1. The most common dental disease among young people
3. Protects teeth during sports
5. The periodontal \_\_\_\_\_ holds the tooth in its bony socket.
6. The hard outer covering of a tooth
7. Coating that protects teeth from decay
9. The part of the mouth just outside the teeth
10. A good substitute for meat
11. The type of bone in which teeth are embedded
12. \_\_\_\_\_ disease can result in destruction of tissues surrounding the tooth.
18. A fuzzy-skinned member of the fruits group
19. The front teeth
20. Cleans between teeth

## *Meeting Minutes*

### SASKATCHEWAN DENTAL THERAPISTS ASSOCIATION

#### COUNCIL MEETING

10:00 AM - Saturday, April 1, 2017

Brass Lantern Room - Saskatoon Inn & Conference Centre

2002 Airport Drive, Saskatoon, SK

Members Present: Mary-Lou Sanderson, Jaylynn Parenteau, Amy Read, Shari Nowosad, Richard Rodda, Glenda Burnouf, Cindy G. Reed, Loretta Singh, Heather Sali, Adam Heimbecker, Lenia Rivera, Dwight Krauss

Regrets: Amelia Swiderski

#### **1. Call to Order**

Glenda Burnouf called the meeting to order.

#### **2. Introduction of Council Members**

Introduction of Council Members.

#### **3. Acceptance of Agenda/Recorder**

Motion: Glenda Burnouf moved the agenda be adopted as amended. Seconded by Lenia Rivera. Carried.

Recorder: Heather Sali recorded the meeting minutes.

#### **4. Acceptance of the Minutes of previous meeting January 21, 2017 - Cindy G. Reed**

Motion: Glenda Burnouf moved the minutes of January 21, 2017 meeting be adopted as presented. Seconded by Dwight Krauss. Carried.

Reviewed action list

#### **REGULATORY**

#### **5. Officer's Reports**

##### **5.1 President's Report - Glenda Burnouf**

After our last meeting I have reviewed and witnessed the Audit. I, as well as Cindy and Dwight, participated in a teleconference with the SDHA, CDHA, SK Polytech and Janet Gray to discuss how we can all collaborate together to address the needs of the North/underserved areas and the shortage of dental therapy training.

Mary-Lou, Dwight and I had a teleconference on February 1 regarding curriculum review - Ilisagvik College in Alaska.

I listened in on the Webinar presented on March 29th which was very informative and educational. I attended the upcoming NOHWG meeting on March 2nd and 3rd in North Battleford, Sk. I was all booked and registered to attend the upcoming Mexican Fiesta in Yorkton however due to unforeseeable circumstances, I am unable to attend the conference. Heather has agreed to step up to fulfill the duties of the President at the AGM which I am extremely grateful for.

Respectfully submitted,

Glenda Burnouf (SDTA President)

Motion: Glenda Burnouf moved her President's Report be adopted as presented. Seconded by Mary-Lou Sanderson. Carried.

## **5.2 Executive Director's Report - Cindy G. Reed**

I finalized the memberships for the 2017 membership year. Assisted members with their CE credit submissions.

I compiled information and arranged for the printing of the Annual Reports and the Annual Directory.

I participated in a conference call with CDHA. This will be addressed in 7.4 of the agenda.

I participated in a conference call with representatives from the Saskatchewan Oral Health Professions. This will be addressed in 7.1 of the agenda.

Participated in a Webinar with our accounting software provider.

On March 22, 2017, I attended the Annual Budget at the legislature in Regina.

I participated in a Webinar: Model Curriculum for Community Colleges in the US. This will be addressed in 7.4 of the agenda.

Assisted with the printing needs of the Lift the Lip pamphlet and the Parents Guide. This will be addressed in 10.4 of the agenda.

Corresponded through email with members of the CDTA. The CDTA has again received an invitation to attend the Canadian Oral Health Roundtable symposium. The final participants have not been decided yet.

Received information on the "Dental Days" project being delivered in Saskatoon. Sent to members via email.

I have been in discussions with PBL Insurance Brokers, the carrier of our malpractice liability insurance, regarding our member's responsibilities for reporting incidents and the Re-Entry Mentorship Program compliance responsibilities. PBL will be asked to participate via phone at our next council meeting to address our questions.

I have been in contacted with the ministry of health regarding the appointments of public representatives for our council. We are short 2 reps.

Respectfully submitted

Cindy G. Reed

Motion: Cindy G. Reed moved her Executive Director's Report be adopted as presented. Seconded by Amy Read. Carried

### **5.3 Registrar's Report - Cindy G. Reed**

There have been no (0) dental therapists registered since the last meeting of council. In accordance with Bylaw II Section 2 of the Saskatchewan Dental Therapists Association Bylaws, on January 31, 2017, the names of 13 dental therapists were removed from the register as they no longer met the requirements for registration. The names appear on Appendix D\*. In accordance with Section 19 of The Dental Disciplines Act, there are currently 228 dental therapists registered with the Saskatchewan Dental Therapists Council.

There are currently 201 Practicing Memberships (licenses) issued to date for the year 2017. There are 197 members with a clinical restorative practice and 4 members with a public health preventative practice. The names appear on Appendix A\*. There were 220 Practicing Memberships in 2016.

There are 27 Non-Practicing Memberships issued to date for the year 2017. The names appear on Appendix B\*. There were 21 Non-Practicing Memberships issued in 2016.

There are 25 Affiliates issued to date for the year 2017. The names appear on Appendix C\*. There were 25 Affiliates issued in 2016.

\*SDTA members may obtain copies of Appendix A, B, C and/or D by contacting the Registrar.

Current membership information has been compiled for the Book of Annual Reports 2016-2017.

There were no reinstatements since the last meeting of council. There has been no application under review at this time.

Respectfully submitted

Cindy G. Reed

Motion: Cindy G. Reed moved her Registrar's Report be adopted as presented. Seconded by Heather Sali. Carried.

### **5.4 Treasurer's Report - Cindy G. Reed**

Cindy G. Reed gave members an updated treasurer's report and updated comparative audit statement.

Motion: Cindy G. Reed moved her Treasurer's Report be adopted as presented. Seconded by Shari Nowosad. Carried.

## **6. Committee Reports/Committee Appointments**

### **6.1 Executive Committee - Glenda Burnouf**

No matters have been presented to us at this time.

Respectfully submitted,

Glenda Burnouf (SDTA President)

Motion: Glenda Burnouf moved her report be adopted as presented. Seconded by Amy Read. Carried

## **6.2 Professional Conduct Committee (PCC) - Adam Heimbecker**

The PCC has continued to have a busy couple of months since last report. PCC has been continuing to work on one case since last report and is progressing along with positive feedback and cooperation from the dental therapist and all parties involved. There has been one new complaint this term regarding malpractice in following treatment plan which is under investigation. PCC had one concern brought to our attention from the College of Dental Surgeons last term, the complainant was contacted but we have not received a written formal complaint from the individual as of yet.

All members have been consulting and conversing regularly since last council meeting.

Motion: Adam Heimbecker moved his Professional Conduct Committee Report be adopted as presented. Seconded by Lenia Rivera. Carried.

## **6.3 Discipline Committee - Dwight Krauss**

No matters have been referred to the Discipline Committee from the Professional Conduct Committee at this time.

Motion: Dwight Krauss moved his Discipline Committee Report be adopted as presented. Seconded by Adam Heimbecker. Carried.

## **6.4 Credentials Committee/Professional Development Grant - Amy Read & Shari Nowosad**

No application has been received for the \$500 bursary to date. Deadline is today for applicants to apply.

No matters have been brought before our committee regarding credentials.

Many changes/additions have been made to the Continuing Education Requirements document with the document being updated April 2017. The following changes/additions:

> Continuing Education Activities:

### **1. Courses/Workshops/Conventions/Conferences:**

- Continuing education credits will be assessed and granted on basis of meeting content.

### **5. Formal Programs of Study for Dental Therapists**

- space maintainer, study models and impressions - addition

### **9. Volunteer Activities**

- Volunteer activities related to dental therapy will be granted continuing education credits to a maximum of 5 credits per activity per year, to a total of 15 credits per three-year reporting period. Each activity will be reviewed on a case by case basis by Credentials Committee and/or Council.

>First Aid-CREDIT DISTRIBUTION

-Members are not required to complete First Aid to maintain registration and/or license with the association, Members can receive combined maximum 10 credits for First Aid per three-year period.

Work is continually being done on the Re-licensure Membership program

Respectfully submitted,

Amy Read & Shari Nowosad

Motion: Amy Read and Shari Nowosad moved their Credentials Committee/Professional Development Grant Report be adopted as presented. Seconded by Dwight Krauss. Carried.

### **6.5 Legislative Review Committee - Loretta Singh**

A meeting was held the evening before Council to continue work on the edits. The past president will make the changes electronically and pass along to the president and other members of the committee. The portfolio has been handed over to the president.

Motion: Loretta Singh moved her Legislative Review Committee Report be adopted as presented. Seconded by Jaylynn Parenteau. Carried.

## **7. Business Arising from Previous Minutes**

### **7.1 Saskatchewan Oral Health Coalition - Loretta Singh**

Upcoming scheduled meetings of the SOHC are Monday May 29, 2017 in Saskatoon, SK and Tuesday October 24, 2017 in Regina, SK. The meetings will be live-streamed for those unable to attend in person. For further details regarding the SOHC you can visit their website at <http://www.saskohc.ca/>

### **7.2 SOHP Long Term Care Project - Loretta Singh (from Leslie Topola)**

Following our meeting with the M of H- Community Care Branch in September, they requested some information related to how Better Oral Health in LTC could be implemented with current resources and costing of LTC Oral Health Coordinator position. To that end, in December I sent a detailed description and costing for the 10 recommendations contained in the Sask. Seniors and LTC Strategy. The majority of the recommendations are directly linked to Better Oral Health in LTC.

I have been subsequently invited to present again at the Community Care Branch Directors of Care meeting in Regina in March. They are specifically interested in how this is going in SHR (we now have oral health status data on over 200 residents before/after and it is very positive). They also want to know how BOH in LTC implementation may be progressing throughout the regions.

We were very clear in our meetings that for this to be successful there is a requirement for a dedicated oral health professional at the LTC level. This would be the LTC Oral Health Coordinator that is recommended in the strategy. This position is over and above any dental public health positions that are present at this time.

Moving to one health authority may remove significant barriers for programs and services. I do see this as an opportunity to move the issue of oral health in LTC forward.

Respectfully Submitted,

Leslie Topola

### **7.3 NIRO - Cindy G. Reed**

There have been no meetings since the last meeting of council. The next meeting will be May 10, 2017 in Regina, SK.

#### **7.4 Dental Therapy Training - Cindy G. Reed**

We have received material from the Alaska school of dental therapy which is currently being reviewed. Several members took part in the Webinar: Model Curriculum for Community Colleges in the US. The Alaska dental therapy program was highlighted. The Webinar was very informative for our association. A conference call will be organized with the school within the next week. The general membership will be updated at the AGM on April 23, 2017.

Dwight Krauss, Glenda Burnouf and Cindy Reed participated in a conference call with members of the CDHA, SDHA and SK Polytechnic regarding the oral health needs of underserved areas of Canada. The CDHA has been approached to develop a strategy to address this issue and has asked for our participation. Dwight Krauss has since been interviewed and Cindy Reed will be interviewed.

#### **7.5 Hill & Knowlton - Cindy G. Reed**

Our contract with H&K ended the end of February. We will continue our pursuit of the promotion our profession with the contacts we have made.

#### **7.6 Re-Entry Mentorship Program - Cindy G. Reed**

A draft of the program was presented to council and comments were made. Amy Read, Shari Nowosad and Cindy Reed will work on the document and present a draft at the AGM and the next meeting of council for comments. A draft of the program has been sent to the ministry of health and PBL has been contacted for their comments.

#### **7.7 Saskatchewan Coalition for Tobacco Reduction - Loretta Singh**

Cynthia Ostafie has graciously accepted the position on the tobacco coalition representing the SDTA. Cynthia has vast knowledge and experience in this area and will be both a great representative and coalition member. Cynthia will keep us updated on the work being done by the coalition via our SDTA newsletter and reports to Council.

#### **7.8 Position Statements - Loretta Singh**

We have finalized the community water fluoridation position statement and are waiting for the Ministry of Health's endorsement which we are including in our statement. Once complete the position statement will be added to our SDTA website.

#### **7.9 Contract Guidelines - Cindy G. Reed**

A draft of the "Guidelines for Contract Relationships" was presented. The document was developed by the SDAA, SDHA and the SDTA. It was developed for members use.

#### **7.10 Infection Protection and Control Standards Review - Cindy G. Reed**

The document is presently being reviewed by a committee made up of representatives from the CDSS, Denturists, Dental Technicians, SDAA, SDHA and the SDTA. Representatives have been asked to submit their comments to the group.

#### **7.11 CDTA Document - Cindy G. Reed**

The CDTA will continue to work on a document promoting the profession. A draft will be submitted to council once it gets in the final stages.

Motion was made (April 1, 2017): " I move that we fund Dwight Krauss up to \$1500 to represent the CDTA at the Canadian Oral Health Roundtable Symposium on April 20, 2017 in Ottawa". Made by Adam Heimbecker. Seconded by Heather Sali. All in favor.

### **7.12 SOHP Fund - Cindy G. Reed**

The SDTA has agreed to submit funds from the SOHP conference fund to the SOHC. The CDSS, the SDAA and the SDHA have yet to disclose their commitment.

### **7.13 Retention of Client Files - Loretta Singh**

After consulting the Privacy Commission, we are recommending that you follow the direction of your employer for the retention and disposal of records. The employer is the custodian of the records and it is his or her responsibility.

## **8. New Business**

### **8.1 Scope of Practice Request - Dwight Krauss**

A member has made an enquiry with regard to a dental therapist's scope of practice; specifically the sectioning of a permanent tooth during the course of an extraction. A referral to a dentist or an oral surgeon should always be made if any complications are suspected/anticipated for an extraction. Dental Therapists are trained to section permanent molar teeth if during the course of an extraction the crown is removed and the roots remain. No attempt should be made to remove a tooth or root that is broken below the alveolar process and is not visible. The sectioning of teeth for root removal are exceptions and not considered routine. If complications arise during the course of the routine extraction the patient should be referred to a dentist or oral surgeon as soon as possible. A letter to this effect shall be sent to the member and the member's employer.

## **ADMINISTRATIVE**

## **9. Officer's Reports**

### **9.1 President's Report - Glenda Burnouf**

See 5.1 President's Report

### **9.2 Vice-President's Report - Heather Sali**

Since the last council meeting I have reviewed and witnessed the Audit. I sent out the action list to members and the meeting minutes from the January 21, 2017 council meeting to Cindy G. Reed to finalize. I met with Cindy G. Reed, Glenda Burnouf and Loretta Singh and reviewed the bylaws on March 31, 2017. I continue to update the Vice President's binder and record additions to the Book of Resolutions. I completed my annual report and submitted it to Cindy G. Reed. I am looking forward to the SDTA 43rd Annual Professional Development Conference in Yorkton, SK.

As always if any committees need any assistance please contact me.

Respectfully submitted,

Heather Sali (SDTA Vice-President)

Motion: Heather Sali moved her Vice-President's Report be adopted as presented. Seconded by Adam Heimbecker. Carried.

## 10. Committee Reports

### 10.1 Continuing Education - Mary-Lou Sanderson & Jaylynn Parenteau

Since the last council meeting, Mary-Lou and I have continued to keep in touch with the conference presenters. We have been working on confirming dates, addresses, presenter fees, gifts, technical equipment, etc to ensure everything runs smoothly on April 22nd. We are confident that the speakers and their topics will be engaging and knowledgeable.

Motion: Mary-Lou Sanderson & Jaylynn Parenteau moved their Continuing Education Report be adopted as presented. Seconded by Amy Read. Carried.

### 10.2 SDTA Conference/Professional Development/Election - Adam Heimbecker

Dental Conference is quickly approaching and with less than a month left planning is coming together nicely. The planning committee is made up of 5 Dental Therapists making planning a significant commitment and with everyone making a large effort. Venue plans, decorations along with door prizes and gifts are getting the planning committee very eager. Registrations are due April 1st and to date registration attendance is looking very promising. Email transfers are working very well and seems as though people are taking full advantage of the process.

Budget is on track as per our treasurer in estimation of cost verses potential expected registration return. One concern from the Conference Committee and Treasury Members is how vague the budget for conference is and how difficult it is to set a bottom line or to know if expenditures are within range without historical records or outlines. If I could purpose for next conference that the committee be given an outline of costs and budget records from previous years past of those conferences who did well and stayed within said budget. The committee feels this would guidance and expectation as to the parameters of budget.

All conference committee members have a very positive ongoing consulting and planning relationship with everyone being very willing to take on tasks.

Motion: Adam Heimbecker moved his SDTA Conference/Professional Development/Election Report be adopted as presented. Seconded by Heather Sali. Carried.

### 10.3 Editorial - Amy Read

The first newsletter of this calendar year was printed and distributed. Total cost to print 260 copies is as follows: printing cost \$552.95 + postage \$505.44.

The newsletter as you can see is getting costly to print and mail out. At the AGM, we will discuss options for members to receive newsletter by email. Also, we can further discuss advertising spots to help pay for costs.

Motion: Amy Read moved her Editorial Report be adopted as presented. Seconded by Lenia Rivera. Carried.

### 10.4 Community Oral Health - Lenia Rivera & Amelia Swiderski

Penny Griffith and Patricia Skalicky have made the changes and finalized the edits to the Lift the Lips pamphlet and the Parents Guide. They have been working with the printer in North Battleford. They have compiled a list of names and numbers for ordering. Cindy Reed will now contact the printer to arrange for printing and distribution of the document. Samples will be available at the annual conference for members to look at and possibly order.

Amelia Swiderski sent copies of the coloring pages she has developed. She has suggested a coloring contest where prizes will be awarded. Discussion followed. The coloring pages will need to be sent formatted in a better quality. They can be distributed to members at the AGM or through the website. There are funds available for members who would like to have a coloring contest in their regions.

The Minister of Health has proclaimed April 23-29, 2017 to be Dental Therapist's Week in Saskatchewan.

Motion: Lenia Rivera moved her Community Oral Health Report be adopted as presented. Seconded by Dwight Krauss. Carried.

### 11. Business Arising from Previous Minutes

#### 11.1 Saskatchewan Oral Health Professions Conference - Cindy G. Reed

The SOHP is made up of the CDSS, SDAA, SDHA and the SDTA. Up until now the four professions have organized and hosted the Saskatchewan Oral Health Professions Annual Conference in September. The CDSS have now decided to withdraw from the obligation, essentially dissolving the SOHP conference.

As a result of these actions the CDSS/U of S will be holding their conference on September 28-30 in Regina and the SDAA/SDHA will be holding a conference on the same weekend in Saskatoon. At this time, the SDTA council has decided to remain neutral on the issue and support the advertising of both conferences. This issue will be put on the agenda at the AGM for members to voice their opinions.

### 12. New Business

No New Business.

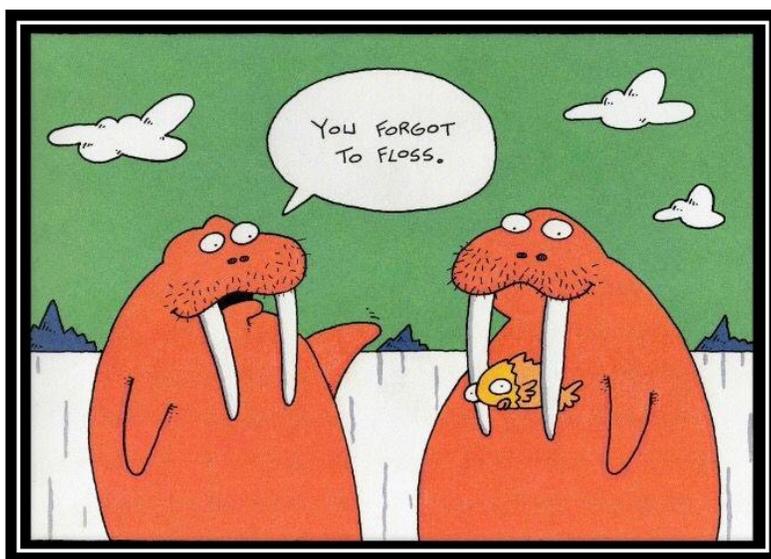
### 13. Date and Place of Next Meeting

The AGM is April 23rd, 2017 in Yorkton, SK. The transition Council Meeting will be held in Saskatoon, SK on May 27th, 2017 at 10:00 AM at the Saskatoon Inn & Conference Centre.

### 14. Reviewed Meeting Action List

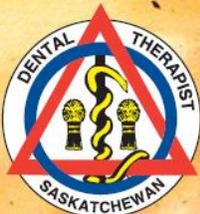
### 15. Adjournment

Glenda Burnouf adjourned the meeting.



# Hey Kids! Trade-a-Tooth

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**Saskatchewan  
Dental  
Therapists  
Association**

**Send your story to:  
[sdta@sasktel.net](mailto:sdta@sasktel.net)  
or mail it to:  
Box 360, Gull Lake, SK  
S0N 1A0**



Saskatchewan Dental Therapists Association

P.O. Box 360

2364 Proton Avenue

Gull Lake, SK S0N 1A0

Phone: (306)672-3699

Fax: (306)672-3619

Email: [sdta@sasktel.net](mailto:sdta@sasktel.net)

Newsletter Editor

Patricia Skalicky

Phone: (306) 425-7665

Email: [patricia.skalicky@sasktel.net](mailto:patricia.skalicky@sasktel.net)



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