

Winter 2018
Volume 43 Issue 3

Saskatchewan Dental Therapists Association



Do you live in a great community that you would love to have showcased? Send your photos and write up to patricia.skalicky@sasktel.net and it might be featured in an upcoming issue!



SDTA Community Spotlight:

Regina

Regina is located on Treaty 4 land, homeland of the Cree, Assiniboine, Saulteaux and Métis, in the heart of the Canadian plains.

Indigenous people have lived in this region through many thousands of years. This area was one of the important places where Indigenous people would come to hunt the roaming herds of bison. They began to stack the long bison bones into large piles in an effort to honour the animals' spirit as the bison herds were becoming depleted due to overhunting by non-Indigenous hunters. Indigenous peoples named the area *oskana ka-asastēki*, which roughly translates to "bone piles". European explorers, fur traders and settlers translated this to Pile of Bones.

European settlement began in the 1880s as an agricultural community and served as a distribution point for farm materials and produce. As the settlement grew and became established, it was renamed Regina (Latin for "queen") after Queen Victoria, who was the British monarch at the time.

Regina became a city in 1903. Two years later, Saskatchewan became a province and chose Regina as its capital. Today, Regina is a beautiful oasis on the prairies with a steadily growing population exceeding 200,000. Regina is known for its generous, friendly people and rich community pride. This welcoming prairie city has an abundance of parks, sports and recreational facilities, bicycle pathways, family attractions and an exceptional quality of life. There are many attractions and events that take place all year in Regina for residents and tourists alike. The Saskatchewan Dental Therapists Association 45th Annual Conference will be held in Regina April 26-28, 2019.

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Today's Funny

What does a marching
band member use to
brush his teeth?

A tuba toothpaste!

Did you know?

Charlie Chew is hidden in this
issue. Can you find him?



Trivia

The average human produces
25,000 quarts of saliva in a
lifetime. That is enough saliva
to fill two regular-sized
swimming pools.

SDTA President's Message – *Glenda Burnouf*



Happy Fall and/or Early Winter... not too sure what this weather will be like in your area once this newsletter hits your inbox. I have been quite pleased with my weather thus far, definitely made for an enjoyable Halloween night.

We had our first Council meeting with the newly elected Council members in October of which you will find the highlights of our meeting as you read on in the newsletter. Our Executive Directors report will also capture what was discussed at this meeting so be sure to read that report.

Our Conference committee is busy planning our first collaborative continuing education session with the SDAA and SDHA. I am looking forward to this event as it is great to finally join up with other associations to share ideas, converse with other dental professionals and of course to share expenses. This will be held in Regina, SK on April 26 – 28, 2019 at the Delta Hotel. More details will follow as the plans are finalized.

In closing, I just want to share that it is that time again as well when the Holiday Season approaches and everyone is busy with finding the latest gadget or the latest fashion craze for gifts, it's when the Elf on a shelf shows up and creates havoc in the household, putting up the lights before the deep freeze sets in, arranging all the Christmas parties and get togethers, finding outfits for the kids for Christmas Concerts, Christmas baking needs to be done and the list goes on and on. I've come to a point in my life where yes these things are important and need to get done however at the same time "don't sweat the small stuff". It doesn't matter that I didn't bake the cookies myself, maybe I purchased them from the Church bake sale which feels much better than saying that 'I baked them myself'. Spending money on someone is nice, but spending *time* with them is nicer and I am sure the memories of that time will last longer than the gift that was bought. So as you go dashing through the busy holiday season, take time to appreciate the true blessings of Christmas: the moments with family, the companionship of friends and the fellowship with all.

A little more sparkle, a little less stress. This Christmas, I wish you the very best,

Glenda Burnouf, SDT, RDH

SDTA President

SDTA Executive Director's Report – *Cindy G. Reed*



I hope everyone had a great summer. As I sit here doing my report the weather is 22 degrees. Crazy!

I was able to attend the Canadian Association of Public Health Dentistry in Vancouver in September. It was a great conference with wonderful presenters. I was overwhelmed with the support for dental therapy. The CAPHD is in the process of developing a position statement for the profession of Dental Therapy. The future of dental therapy in Canada looks a little brighter!

We are putting the finishing touches on the Re-Entry Mentorship Program Guidelines. The program is for dental therapists that have been out of the profession for more than 5 years and would like to re-enter the profession. We are accepting applications so those interested can contact myself or Amy Read.

Applications for membership renewals will be in the mail soon. The due date for membership renewals is January 31, 2019. We accept cheques, money orders, and e-transfers. You can email or fax in your forms prior to sending e-transfers. Applications cannot be processed until the payment has been received.

Many of our member's three-year reporting periods end this year. Once again if you are short credits or have not met the CPR requirements please contact me as soon as possible.

I encourage our members to read the SDTA council minutes to stay abreast of what projects the association has been working on. We have several committees that members can volunteer for so check out the minutes at the end of this newsletter.

It's hard to believe that it's time to wish everyone a Safe and Merry Christmas and a Happy New Year!

Respectfully submitted

Cindy G. Reed SDT

Executive Director



Mission Statement:

The Saskatchewan Dental Therapists Association is dedicated to improving and promoting oral health excellence for all, respecting diversity and individuality. We are committed to protect the public by ensuring the quality and competency of our members.

Vision:

Healthy Mouth  Healthy Body

Values:

- Respect for diversity, culture, and individuality
- Care and compassion towards clients and colleagues
- Innovative and progressive members who adapt readily to change

Goals:

- To protect the public
- To ensure that dental therapists are recognized and respected partners in health care
 - To improve accessibility to oral health care
- To provide quality continuing education/health education for SDTA members and the public

SDTA REGIONAL REPRESENTATIVES

Regional Representatives are responsible for administering the Regional Initiative Fund and the Dental Health Month Fund in their respective region. They also act as a liaison between the SDTA council and members.

The Regional Initiative Fund is \$150.00/year. It is to be used for expenses incurred for organized functions in the region. Functions could include study clubs, continuing education sessions, social gatherings, etc. These activities do not need to be professional in nature and can be purely social.

The Dental Health Month Fund is \$200.00/year. It is to be used for dental health month related activities at a regional level.

Members interested in representing their respective region can contact Cindy G. Reed (306)672-3699 or sdta@sasktel.net.

Council Meeting Highlights – October 13th, 2018

THIS SECTION IS TO HIGHLIGHT THE HAPPENINGS AT THE LAST COUNCIL MEETING. ONCE APPROVED AT THE NEXT COUNCIL MEETING, THE COMPLETE MINUTES WILL BE PUBLISHED IN THE SUBSEQUENT NEWSLETTER

- A Foreign Qualification Recognition Program being developed by the SDTA is in its initial stages.
- The Oral Health Practitioner Report commissioned by the CDHA is now final and has been distributed. The SDTA was represented and contributed to the report.
- The Re-Entry Mentorship Program is in its final stages of development. If there are former dental therapists out there that would like to re-enter the profession, they can contact Cindy G. Reed for details.
- Infection Protection and Control Standards Review Committee is finalizing the edits to the document.
- There has been discussion between the CDSS and the SDTA. As a result, a statement regarding the use of extraction procedure codes was developed and distributed to members.
- Cindy Reed attended the Canadian Association of Public Health Dentistry Annual Conference. The support for the dental therapy profession was overwhelming. A draft of the CAPHD Position Statement on Dental Therapy was presented.
- A report on Northern Dental Day 2018 was provided by the organizer Dean Lefebvre. The dental day was held September 21-23, 2018 in the La Loche and Clearwater Health Centres. Seven dental therapists participated.
- The SDTA will be assisting the Employment and Social Development federal department in updating the National Occupational Classification (NOC) for Canada for dental therapists on their website.

Membership Renewal

Memberships are due January 31, 2019. Membership Applications will be mailed to members in December 2018. Due to the busy holiday season members are encouraged to send in their renewals as soon as possible. The SDTA will accept an e-transfer or a postdated cheque.

CHANGES TO MEMBERSHIP FEES:

Due to the costs associated to operate effectively to serve the public as well as its members it is necessary to increase annual membership fee by \$50.00 per member. Our decrease in members and increase in costs leave no option. The premiums for the malpractice liability insurance premiums with PBL Insurance Limited have remained the same as last year. Participation in the insurance program is a mandatory requirement when licensing and the costs of the insurance premium have been added to the cost of your license. The cost are as follows:

Clinical Restorative Practice (license) Membership	\$695.00
Public Health Preventive Practice Membership	\$577.00
Non-Practicing Membership	\$100.00
Affiliate	\$30.00

Members who do not renew their membership (practicing or non-practicing) by January 31, 2019 will automatically be stricken from the register and cease to be members of the association. To become a member again, you must:

- reapply for registration and membership
- pay a reinstatement fee of \$250
- pay a registration fee of \$50
- pay the membership fee

We encourage members that are not renewing their license to take out a non-practicing membership to avoid having to go through the re-reinstatement process and paying the extra fees. For more information please contact Cindy Reed as soon as possible.



Continuing Education Credits

CHANGES TO THE CONTINUING EDUCATION REQUIREMENTS:

According to the Saskatchewan Dental Therapy Bylaws, Part I Bylaw II Section 6, all practicing and non-practicing members must obtain a minimum number of **40** continuing education credits over a three-year period to maintain registration and/or license with the association.

The legislated 40 credits per three-year period will be implemented in succession over a three-year period. Members whose next continuing education reporting period is January 1, 2019-December 2021 will be required to obtain 40 credits.

If your continuing education reporting period is one of the following, you will require 36 credits until you roll over to your next reporting period, at which time you will require 40 credits:

January 1, 2017-December 2019

January 1, 2018-December 2020

Members Continuing Education Credit Report updates will be mailed to members with their 2019 Membership Applications.

The accumulation period for continuing education credits will begin upon registration and/or licensure and end on December 31 of the third licensing period from which the member initially registered and/or licensed.

Credits must be acquired during the three-year period. Credits obtained prior to the beginning of a three-year period cannot be applied toward the necessary credits for that period. Credits acquired over and above the required amount cannot be carried forward to the next three-year period.

Every member is required to hold a valid CPR course per every three-year CE reporting period.

It is the personal, professional and ethical responsibility of all members to obtain the required continuing education credits to maintain and advance their skills and knowledge.

If any member is struggling to achieve the continuing education requirements, please contact Cindy G. Reed as soon as possible.

For more information on continuing education requirements and criteria, please visit:
<http://www.sdta.ca/mrws/filedriver/CredentsDoc-update2018.pdf>



Statement on Extractions and Extraction Codes

After consultation between the Saskatchewan Dental Therapists Association (SDTA) and the College of Dental Surgeons of Saskatchewan (CDSS) the following statement has been developed. This is to clarify the proper use of procedure codes relating to extractions performed by dental therapists.

Codes must be used based on the procedure performed rather than what insurance will cover. All providers must charge the code that reflects the procedure that was provided and must not be altered to satisfy authorized practices or scope of practice or insurance billing issues.

The Dental Disciplines Act allows for dental therapists to perform “simple extractions of primary and permanent teeth”.

A referral to a dentist or an oral surgeon should always be made if any complications are suspected or anticipated, during treatment planning, for an extraction. Dental therapists are trained that no extraction should be commenced if the tooth or root is broken below the alveolar process and is not visible. Dental therapists are trained to section permanent teeth and place sutures if, during the performance of a ‘simple extraction’, it becomes necessary. The sectioning of teeth for root removal would be an exceptional circumstance and should not be considered routine for dental therapists. Dental therapists can remove residual tooth root tips if they are visible or erupted. No attempt should be made to remove a root tip that is covered with soft tissue or bone.

The Canadian Dental Association Uniform System of Coding and List of Services on which the CDSS fee guide is based, does not consider the scope of practice of different providers. It is based on proper coding for the service performed, and all users of the fee guide must adhere to that principle. Furthermore, if a tooth is sectioned to complete an extraction (whether anticipated or not) the codes 71201/71209 should be used. The description for code 71201/71209 is the following: “Odontectomy, Erupted Tooth, Surgical Approach, Requiring Surgical Flap and/or Sectioning of Tooth”. (Note that dental therapists are not trained to perform a surgical flap.) The acceptable codes for a dental therapist to use for residual root removal are 72311/72319 which is “Removal, Residual Roots, Erupted”.

For the reasons listed above, all codes should be entered accurately to reflect the service provided. The above only applies to dental therapists that been trained in the extraction of permanent teeth and the placement of sutures at the National School of Dental Therapy or have successfully completed the National School of Dental Therapy’s permanent extraction module.

Northern Dental Day 2018 – submitted by Dean Lefebvre

On September 21, 2018, 23 health professionals descended on the La Loche and Clearwater Health Centres to deliver oral health care to members of the community. The team of volunteers consisted of 6 dental therapists, 1 dentist, 5 dental hygienists, 5 dental assistants, 2 nutritionists, 1 nurse and members from the Northern Inter-Tribal Health Authority and Saskatchewan Health Authority. This interprofessional team shared their skills and knowledge to provide blood glucose checks, education, oral health assessments, hygiene care, restorations, extractions, nutritional and oral health education to those who needed it most.

According to the Canadian Oral Health Framework (2013), “First Nations and Inuit people have the highest dental decay rates – two to three times higher than non-Aboriginals”. The 2013-2014 Saskatchewan Dental Health Screening Program Report reveals that the La Loche region has the highest decay rates in all of Saskatchewan (and Canada), over twice the rate within Regina. This community also reported the lowest rate of receiving dental care in our province. The reasons for this is the limited access to care in this area with many residents having to travel over 4 hours to receive care and not being able to afford the care required. The Non-insured Health Benefits (NIHB) provides some assistance for recognized Inuit and First Nation people, however, Metis people are not eligible for coverage and they make up a large portion within the northern community.

As volunteers arrived in the afternoon of September 21, they immediately began to set up and start seeing patients who were eagerly waiting. Some treatment was performed but many oral assessments were completed to prepare for the next 2 days of treatment. The first full day of the event started with a blessing and drum ceremony from an Elder within the community. Over a three-day period, 94 people were seen, and an estimated \$26,000 worth of dentistry was performed. It was a huge success for all involved.

This event would not have happened without the generous support of our sponsors. Greystone Management, Northern Inter-Tribal Health Authority, Saskatchewan Dental Hygienists Association, Saskatchewan Dental Assistants Association and Saskatchewan Polytechnic made financial contributions to assist with costs such as travel, accommodations and food for the volunteers. Henry Shein Dental, Sinclair Dental, 3M Dental, Dentsply, and Kavo Kerr donated dental supplies. Subway and the Bayside Guesthouse from Buffalo Narrows supplied lunch and supper for the volunteers.

As volunteers left the community after the last patient was seen, everyone was proud of what they had accomplished. Community members were very appreciative of the efforts of the volunteers. The team left La Loche with an appreciation of the kind-hearted people, beautiful wildlife and scenery that exist in Northern Saskatchewan. There are plans for this event to be offered again next year with the hopes of expanding the services and care that will be provided.

The Dental Therapists who volunteered included: Janet Gray, Trish Gottselig, Shirley Mathieson, Yvette Ludwig, Cindy Hansen, Paul Kowalzik, and Millie Campbell.



Hello,

I wanted to make you aware (if you didn't know already), that SK polytechnic has made changes to the dental hygiene program. It is now a 3 year advanced diploma. What we did want dental practices and dental professionals to be aware of however, is that with this transition from a 2 to 3 year program, there will be no dental hygiene graduates in Sk in the spring of 2019. You may want to include something like this message below in upcoming correspondence to your members so that everyone is aware.

Changes to the Dental Hygiene Program

Over the past many years, the two-year Dental Hygiene program at Saskatchewan Polytechnic has been in transition to a three-year advanced diploma program. The first cohort started in the 2017-2018 academic year.

Changes include: first year university preparation within the program in order to meet national competencies and facilitate graduates national mobility, learning pathways, and access to degree completion programs. In the last five years, dental hygiene education in Canada has moved solely towards requiring university level preparation, which enables students to focus on dental hygiene knowledge and skills exclusively, resulting in a graduate who is better prepared to work independently and to embrace the technological changes inherent in the dental field. This movement has also opened access to degree completion programs which are desired by dental hygienists wishing to work in administration, research or education.

As a result of the program changes, there will be no graduating class in June 2019, but we are eagerly anticipating the first three-year advanced diploma graduates in 2020!

Thanks!

Kellie

Kellie Glass, RDH, MBA
Registrar – Executive Director
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www.sdha.ca



Saskatchewan Dental Therapists Association Committees of Council

Executive Committee - Glenda Burnouf, Mary Lou Sanderson, Marlo Dunlop (Public Rep.), Cindy G. Reed (non-voting)

Professional Conduct Committee - Adam Heimbecker - Chairperson, Richard Rodda (Public Rep.), Patricia Gottselig, Shirley Mathieson, Lacey Evanochko, Lenia Rivera

Responsibilities are to:

- Carry out the duties as legislated under *The Dental Disciplines Act* and The Saskatchewan Dental Therapists Association Bylaws, including investigating incidents of professional misconduct and incompetence.
- Keep all documentation and information confidential.
- See The Dental Disciplines Act 28.-31 and 36 <http://www.sdta.ca/mrws/filedriver/DDA.pdf>
- See The Saskatchewan Dental Therapist Association Bylaws Regulatory Section 1 <http://www.sdta.ca/mrws/filedriver/SDTA-BYLAWS2015.pdf>
- Discipline committee business may occur in person, by telephone and/or by electronic means.

Discipline Committee – Shari Nowosad – Co-Chairperson, Patricia Skalicky – Co-Chairperson, Marlo Dunlop (Public Rep), Dwight Krauss, Janis Johnson, Darcy Tkatchuk

Responsibilities are to:

- Carry out the duties as legislated under *The Dental Disciplines Act* and The Saskatchewan Dental Therapists Association Bylaws, including investigating incidents of professional misconduct and incompetence following notification from the Professional Conduct Committee.
- Keep all documentation and information confidential.
- See The Dental Disciplines Act 32 – 36 <http://www.sdta.ca/mrws/filedriver/DDA.pdf>
- See The Saskatchewan Dental Therapist Association Bylaws Regulatory Section 2 <http://www.sdta.ca/mrws/filedriver/SDTA-BYLAWS2015.pdf>
- Discipline committee business may occur in person, by telephone and/or by electronic means.

Credentials/Professional Development Grant Committee – Meagan Kachur – Chairperson, Amy Read, Heather Sali, Barb Ing, Cindy Reed

Responsibilities are to:

- Make recommendations to Council and/or the Registrar about the suitability of an applicant for registration or licensure.
- Evaluate and determine credit allocation for courses and/or professional development activities of members that may be approved by council.
- Advertise the professional development grant, review the applicants and assist council in selecting winners.
- See The Saskatchewan Dental Therapist Association Bylaws Administrative Section 10 <http://www.sdta.ca/mrws/filedriver/SDTA-BYLAWS2015.pdf>

Continuing Education/Professional Development Committee - Jaylynn Parenteau - Chairperson, Heather Sali, Mary-Lou Sanderson, Amie Gohlke

Responsibilities are to:

- Organize, publicize and conduct continuing education workshops.
- Arrange speakers for the Annual Professional Development.

SDTA Annual Conference/Election Committee – Regina - Heather Sali – Chairperson, Lacey Evanochko, Amie Gohlke, Barb Ing

Responsibilities are to:

- The Professional Development Committee has the specific mandate of visioning, planning and hosting the SDTA Annual Professional Development.
- The Annual Professional Development shall rotate to various locations in the province to be determined by council.

Editorial Committee - Patricia Skalicky - Chairperson/Editor, Penny Griffith

Responsibilities are to:

- Design and publish the SDTA newsletter.
- Maintain a written and pictorial history of the SDTA.

Community Oral Health Committee - Lenia Rivera - Chairperson, Penny Griffith

Responsibilities are to:

- Create awareness and prevention of oral disease to the public.
- Organize activities for National Oral Health Month, regionally and/or provincially as determined by council.

Trade-A-Tooth - Savannah Davis

Facebook/Instagram Coordinator – Patricia Skalicky

Website - Glenda Burnouf, Cindy G. Reed, Patricia Skalicky, Mary-Lou Sanderson

Tell us how we're doing!

How do you like the newsletter?

Send your feedback to sdta@sasktel.net

If you would like to submit or update your email address, please email sdta@sasktel.net

The newsletter will also be accessible on the website at <http://www.sdta.ca/register.html>



Media Release

Sandra Cripps, CEO

Saskatchewan Association for Safe Workplaces in Health

952 Albert Street, Regina, SK S4R 2P7

Cell: (306) 570-9883

Email: sandra.cripps@saswh.ca

Website: <https://www.saswh.ca/>

FOR IMMEDIATE RELEASE

August 24, 2018

INCIDENTS OF VIOLENCE AND AGGRESSION INCREASING IN SEVERITY YET UNDER REPORTED – CAMPAIGN FOR CHANGE - #IWillReport

Regina, SK – The healthcare sector in this province continues to experience the highest total number of claims reported than all other industries according to Saskatchewan Workers' Compensation Board (WCB) statistics. Today, the Saskatchewan Association for Safe Workplaces in Health (SASWH) is proud to announce the Campaign for Change of #IWillReport. This is a collaborative effort with frontline healthcare workers, senior leaders and system partners working together to increase the awareness of under reporting of incidents of violence and aggression.

VIDEO LINK: https://www.youtube.com/watch?v=Ji_bEXUZ3SA&feature=youtu.be

VIDEO CONTENT: The video unfolds with Saskatchewan healthcare providers (*these are not actors*) sharing personal experiences about violence and acts of aggression in their healthcare career. Their experience includes not only what happened, but what could be done to reduce the chances of somebody else experiencing violence or aggression in the future. Senior leaders comment on the need for change and offer a commitment to report and encourage reporting, so that together we can collaborate on appropriate solutions to reduce the risk of harm associated with violence and aggression.

The unfortunate reality is that occurrences of violence and aggression is experienced by many frontline healthcare workers. The participants in this video have represented the issue very well signaling the call to action of #IWillReport any and all occurrences of violence or aggression. It doesn't matter what department you are from or what role you play in the healthcare system, if you experience or witness an act of violence or aggression please report.

Note: The healthcare providers in this video are predominately from the healthcare fields of nursing and EMS; that is not to suggest that violence and aggression is isolated to these two professions. The offer to participate in this campaign was afforded to many frontline workers; however, it takes a lot of courage to put your voice and face to a campaign of this nature. SASWH acknowledges and thanks all the partners in this initiative to raise awareness that violence and aggression in healthcare workplaces should not be considered normal for any healthcare worker, patient, family member or member of the public. *Workplace health and safety is a priority for all.*

ISSUE:

The lack of reporting and under reporting of incidents of violence and acts of aggression in the healthcare industry is attributed to the notion that care providers put the 'duty of care' ahead of their own safety. Literature and research findings indicate that under reporting is also associated with the normalization of violence for healthcare workers. The prevalence of under reporting of violence and aggression in the workplace is due much in part to it being viewed as a regular occurrence and accepted as '*just part of the job*'.

Staying Current

Cannabis in the Dental Office - What do you need to know?

Signs and symptoms of an active (intoxicated) user:

- Euphoria
- Hyperactivity
- Tachycardia
- Paranoia
- Delusions
- Hallucinations

A currently intoxicated (i.e., “high”) user may present several difficulties for the dental practitioner. Increased anxiety, paranoia and hyperactivity may heighten the stress experience of a dental visit. Increased heart rate and other cardiorespiratory effects of cannabis make the use of epinephrine potentially life-threatening. Patients may be unwilling to self-report marijuana use or unable to answer reliably, but determination of intoxication may be possible during the routine cardiac risk assessment. It is because of the dangers of administering epinephrine or products containing alcohol to a “high” patient, in addition to increased anxiety and paranoia, that dental therapists/dentists may refuse to treat the intoxicated patient, or consider postponing non-emergency treatment for at least 24 hours. Additionally, there may be legal implications regarding validity of informed consent with intoxicated patients, especially with irreversible procedures like extractions. Effects of acute intoxication effects are reported to subside within 2 to 3 hours.

The following dental findings may indicate a chronic recreational cannabis user:

- Xerostomia
- Leukoplakia
- Periodontitis
- Gingival enlargement/hyperplasia
- Alveolar bone loss

If the patient appears to be a user, it may be helpful to understand whether the use is medicinal, as this may suggest relevant comorbidities. Verification of cannabis use may be an opportunity to discuss other health consequences and inform the patient of the importance of fluoride, good oral hygiene practices, and healthy snacking.

When dental health-care providers suspect cannabis use, it is recommended to:

- Complete a comprehensive oral examination and include questions about cannabis use in a thorough dental and medical history.
- Emphasize the importance of regular dental visits and oral care.
- Encourage healthy, nutritious snacks over sweet, cariogenic snacks.
- Consider employing preventive measures, such as topical fluorides.
- Consider treatment for xerostomia, while avoiding alcohol-containing products.

For more information, visit: <https://www.ada.org/en/member-center/oral-health-topics/cannabis>

STRETCHES FOR THE OFFICE

Take a few minutes to do these stretches while sitting at your desk or computer.

- Start each stretch from a neutral, aligned position using good posture
- Stretch only to the point of comfortable tension, then relax and hold
- Don't bounce while stretching
- Stretch slowly and remember to breathe
- If you feel any pain, stop immediately and relax



NECK TILTS

Start with head in a comfortable position. Slowly tilt your left ear toward your left shoulder and hold for 10 seconds. Repeat on right side. Do this 2-3 times per side.



HEAD TURN

Turn your chin slowly toward your left shoulder to create a stretch on the right side of your neck. Hold for 10 seconds, and repeat for the other side. Do this 2-3 times per side.



SHOULDER SHRUGS

Raise the top of your shoulders up towards your ears. Hold for 3-5 seconds then relax. Repeat 2-3 times.



FOREARM STRETCH

Interlace your fingers, then stretch arms out and face your palms away from you. Hold for 10-20 seconds. Do 2 times.



SHOULDER AND CHEST STRETCH

Slowly raise arms up and back until you feel a stretch in the front of the shoulders and chest. Hold for 10 seconds. This stretch may also be done standing.



SHOULDER AND UPPER ARM STRETCH

Hold your left arm just above the elbow with the right hand and pull your arm toward your right shoulder as you look over your left shoulder. Hold for 15-20 seconds and repeat for the other side.



UPPER BODY STRETCH

Interlace your fingers, then turn your palms upward and straighten arms above your head. Extend your arms as you feel a stretch through your arms and upper sides of your rib cage. Hold 15-20 seconds.



SHOULDER AND ARM STRETCH

With your right arm behind your head as shown, use your left hand to gently pull the elbow until you feel a stretch in the shoulder and back of upper arm. Hold 10 seconds, repeat on left side.



BACK AND HIP STRETCH

Sit with your left leg bent over your right leg and look over your left shoulder. Place your right hand on left thigh and apply gentle pressure toward the right. Hold 10 seconds, and repeat on the right side.

Remember to get up and move around or take a stretch break every 30 to 50 minutes.



Chiropractors'
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STRETCHES FOR THE OFFICE

Take a few minutes to do these stretches while sitting at your desk or computer.

- Start each stretch from a neutral, aligned position using good posture
- Stretch only to the point of comfortable tension, then relax and hold
- Don't bounce while stretching
- Stretch slowly and remember to breathe
- If you feel any pain, stop immediately and relax



BACK AND HIP STRETCH

Sitting on a chair, place your left ankle on your right knee. Place your hands on your left lower leg and slowly bend forward towards leg, keeping your back straight. Hold for 15 seconds. Repeat on the right side.



BACK STRETCH

Lean forward, keeping head down and neck relaxed. Hold for 10-20 seconds. Use hands to push yourself back up.



FOREARM EXTENSORS

Press your palms together in front of your chest, fingers pointing down. Lift your hands towards your chest, keeping your palms pressed together tightly. Keep lifting until you can feel your forearms experiencing a mild stretching sensation. Hold 10 seconds.



FOREARM FLEXORS

Press your palms together in front of your chest, fingers pointing up. Slowly lower your hands toward your waist, keeping your palms together and your hands close to your stomach. Hold 10 seconds.



HAMSTRING STRETCH

Sitting in your chair, hold onto your upper left leg just below the knee. Gently pull your bent leg toward your chest. Hold 10 seconds, and repeat on the right side.



QUADRICEP STRETCH

If required, support yourself by holding onto a chair, desk or wall. Slowly pull the ankle up until you feel a stretch in the front of the thigh. Hold for 15 seconds. Repeat on opposite side.



CALF STRETCH

With your hands on the wall, keep one leg forward, bent at the knee. The other leg is straight, behind you. Keeping your back heel on the ground, lean into the wall until you feel a stretch in the calf muscle.



HAND AND WRIST STRETCH

With arms outstretched in front of you, make a fist. Release your fingers and fan them out. Stretch them as far as you can (comfortably). Repeat 5-10 times.



HAND AND WRIST STRETCH

With elbows straight, stretch your left arm out in front with fingers facing down. Use your right hand to gently pull back fingers until you feel a stretch. Hold for 5 seconds. Repeat other side. Repeat with fingers facing up, using your opposite hand to pull the fingers gently back towards you, keeping your arm straight. Hold for 5 seconds. Repeat other side.

Remember to get up and move around or take a stretch break every 30 to 50 minutes.



Chiropractors' Association of Saskatchewan

saskchiro.ca



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CE Corner



CE Websites:

<http://www.vivalearning.com> (Oral health topics via live and recorded webinars)

<http://www.dentalcare.ca> (Oral Health topics – on demand)

<https://www.oralhealthed.com>

<http://webbertraining.com> (Infection control topics – live and recorded webinars)

<https://www.saintelizabeth.com/fnif> - infection control course

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Uche Odiatu



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Lou Graham
Greg Psaltis
John West
Tija Hunter
Peter Auster
Karen Davis
Michael Melkers
Peter Nkansah
Todd Snyder
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Tricia Osuna
Karen Davis
Anne Koch
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Pacific Dental Conference



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Life is Too Short to Drink Bad Wine



Thursday, March 7
VCC West Ballroom Foyer
Cost \$40.00 (+ GST) 6pm - 7:30pm

Join us at one or both of these PDC social events! You can now purchase tickets directly on line for yourself and your colleagues. You *do not* have to be registered for the PDC to be able to attend these social events! Consider purchasing tickets for your friends and join us for the fun!

PDC AFTER HOURS



Friday, March 8 - Commodore Ballroom
Cost \$25.00 (+ GST) Doors open at 8pm
Includes: 2 drinks, dinner, live dance band (Famous Players)

Registration and program information at...

www.pdconf.com

Suite 305 - 1505 West 2nd Avenue, Vancouver, BC Canada V6H 3Y4

604-736-3781

info@pdconf.com



The Saskatchewan Oral Health Coalition formed in 2010. It consists of health professionals, including oral health professionals, community agencies, health region programs, provincial agencies, First Nations communities, and individuals and groups whose goal is to improve the oral health of Saskatchewan residents. The coalition holds biannual meeting and launches biannual newsletter each year (spring and fall).

Through a unified voice, the Saskatchewan Oral Health Coalition works collaboratively with dedicated partners to improve the oral and overall health of Saskatchewan residents.

As an inter-disciplinary group, we strive to identify and address the needs of vulnerable populations, and by using evidence based decision making, promote advocacy, education, prevention and standards.

UPCOMING EVENTS:

May 27th, 2019 – Saskatoon
German Cultural Club

October 21st, 2019 – Regina
Travelodge Hotel and Conference Centre



<http://www.saskohc.ca/>



CLASS *Reunion*

MANITOBA CLASS REUNION 1977, 1978, 1979



Class of 1977 - Shelley DeWit Nelson, Dr. Mary Jane McCallum, Gwen Hodgson Jacobsen

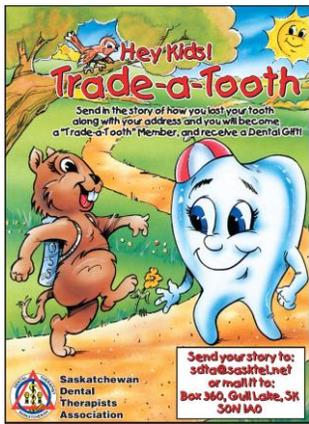


Happy 40th, Class of 1978 - Back row - Carla Dagg Brigden, Ingrid Presser Bennett, Faith Jenkins-Watt, Deb Hawryluk Roehl, Jane Mulvena Fahlman, Crystal Tysseland Baschak.
Front row - Adele Trach Stiles, Rhonda Kitching Plett, Jeannette Leatherdale Rainkie

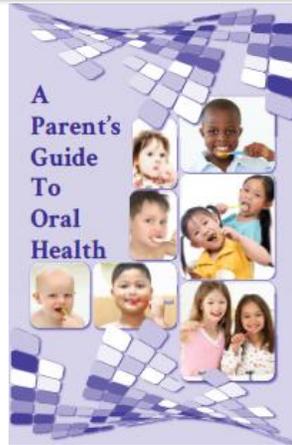


Class of 1979 - Karen Douglas-Pigot, Judy Loucks Loughheed, Lynn Penner Giesbrecht, Kathy Perchalski

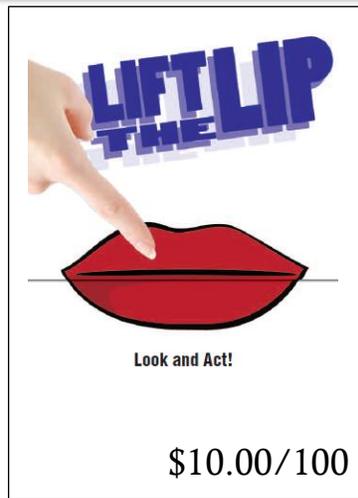
SDTA Resources / Promotional Items



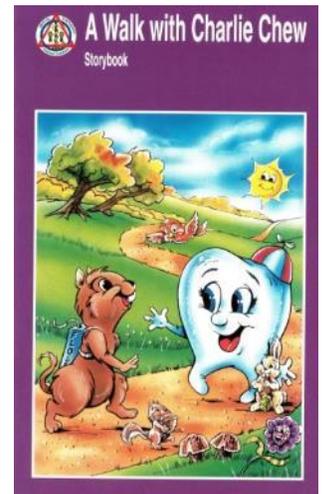
FREE



\$0.95 ea



\$10.00/100



\$0.60 ea



Golf Balls - \$10.00/3pk



Tattoos - \$15.00/100



Lapel Pins - \$3.00 ea



Thermos - \$15.00 ea

To order contact the SDTA

Phone: (306)672-3699

Fax: (306)672-3619

Email: sdta@sasktel.net



Water Bottle - \$8.00 ea



Tote Bag - \$8.00 ea



Watch - \$25.00 ea

Hey Kids! Trade-a-Tooth

Send in the story of how you lost your tooth along with your address and you will become a "Trade-a-Tooth" Member, and receive a Dental Gift!



**Saskatchewan
Dental
Therapists
Association**

**Send your story to:
sdta@sasktel.net
or mail it to:
Box 360, Gull Lake, SK
S0N 1A0**

Recipes

Christmas Morning Wife Saver

This Christmas Morning Wife Saver is the perfect casserole for Christmas morning made with ham and cheese and topped with cornflakes. Just wake up, bake it and enjoy!

Prep Time
15 mins

Cook Time
1 hr

Total Time
1 hr 15 mins

Course: Breakfast Cuisine: American Servings: 12 servings

Calories: 357kcal

Ingredients

- 10 slices bread (remove crusts if preferred)
- 12 slices ham thinly sliced (I used black forest)
- 2 cups cheddar cheese sharp, grated
- 6 large eggs
- 1/2 tsp black pepper ground
- 1 tsp dry mustard
- 1/4 cup chives chopped
- 2 tsp Worcestershire sauce
- 1 tsp hot sauce
- 3 cups whole milk
- 1/2 cup butter melted
- 1 cup corn flakes cereal crushed

Instructions

1. Butter a 9x13 inch baking dish or spray with cooking oil.
2. Cut and fit 5 slices of bread to fit over entire bottom of dish. Depending on the size of your bread and casserole dish you might need more bread. Layer the slices of ham then top with the cheddar cheese. Cut and fit the remaining 5 slices of bread to completely cover the ham and cheese.
3. In a large bowl whisk together the eggs with the pepper, dry mustard, chives, Worcestershire sauce and hot sauce. Add the milk and whisk until well combined. Pour the egg mixture evenly over the casserole.
4. Cover the dish with aluminum foil and refrigerate overnight.
5. The next morning preheat your oven to 350 degrees F.
6. Pour the melted butter evenly over the casserole and sprinkle with the crushed corn flakes over the top.
7. Bake in the preheated oven until set and lightly browned, about 1 hour. Let casserole stand for 10 minutes before slicing and serving.

Nutrition

Serving: 1g | Calories: 357kcal | Carbohydrates: 17g | Protein: 18g | Fat: 23g | Saturated Fat: 12g | Cholesterol: 156mg | Sodium: 736mg | Potassium: 267mg | Fiber: 1g | Sugar: 5g | Vitamin A: 14.7% | Vitamin C: 1.7% | Calcium: 25.6% | Iron: 13.2%



5 from 7 votes

Meeting Minutes

SASKATCHEWAN DENTAL THERAPISTS ASSOCIATION

COUNCIL MEETING

10:00 AM – Saturday, June 2, 2018

Sandman Hotel – Mendel Room

310 Circle Drive West, Saskatoon, SK

Members Present: Jaylynn Parenteau, Dwight Krauss, Adam Heimbecker, Patricia Skalicky, Amy Read, Cindy G. Reed, Glenda Burnouf, Mary-Lou Sanderson, Marlo Dunlop (Public Rep.), Richard Rodda (Public Rep.), Lenia Rivera, Heather Sali, Meagan Kachur, Penny Griffith, Patricia Skalicky,

Regrets: Shari Nowosad

1. Call to Order

Glenda Burnouf called the meeting to order.

2. Introduction of Council Members

3. Acceptance of Agenda/Recorder

Motion: Glenda moved the agenda be adopted as presented. Mary-Lou Sanderson. Carried.

Recorder: Mary-Lou Sanderson recorded the meeting minutes.

4. Acceptance of the minutes of previous meeting March 24, 2018

Corrections: page 3 5.3 Registrar's Report

There were 204 practicing memberships in 2017.

There were 25 Non-Practicing memberships in 2017.

Last page 10.4 report submitted by Patricia Skalicky omit Lenia Rivera

Motion: Glenda moved the minutes of January 13, 2018 with corrections. Seconded by Patricia Skalicky. Carried.

Reviewed action list.

REGULATORY

5. Officer's Reports

5.1 President's Report – Glenda Burnouf

It has been two months since our last meeting and what a busy two months it has been. All the final details and last minute planning for the Annual conference was finalized. The conference went extremely well with a few minor hiccups. All expenses and bills have been paid. We had a total of 70 participants. The 2019 conference is slated for next April in Regina.

I submitted all necessary reports required for the Annual General Meeting. As well, at the AGM, I was nominated for a second term as President which I accepted.

I spoke with Dr. Mary Williard regarding intake of Canadian First Nations students. She emailed back advising that they are waiting for final administrative approval. They were not aware of the Jay Treaty.

I attended the Indigenous Health Conference in Mississauga on March 24 – 25th. I was part of an oral health panel along with Dr. Bob Schroth and Dr. Valerie Gideon with Dr. James Taylor moderating the panel. I received some excellent questions and positive feedback.

Respectfully submitted,

Glenda Burnouf (SDTA President)

Motion: Glenda Burnouf moved her President's Report be adopted as presented. Seconded by Patricia Skalicky. Carried.

5.2 Executive Director's Report – Cindy G. Reed

Continued contact with the Ministry of Immigration and Career Training (formerly Ministry of the Economy) and Faye Rafter consultant regarding the Foreign Qualification Recognition Program. Received the report on March 28, 2018. This will be addressed in 7.4 of the agenda.

Attended a meeting with representatives from the Ministries of Immigration and Career Training and Ministry of Health on March 28, 2018. This will be addressed in 7.4 of the agenda.

Attended the Budget Address at the Legislative Building on April 10, 2018.

Met with representatives from SK Polytechnic in Regina on April 10, 2018. This will be addressed in 7.4 of the agenda.

Corresponded through email with the CDTA and attended the Canadian Oral Health Roundtable symposium on April 19, 2018 representing the CDTA. This will be addressed in 7.8 of the agenda.

I attended the Saskatchewan Dental Therapists Associations Annual Conference and AGM on May 4-6 in Jackfish Lake.

Attended the spring meeting of NIRO in Saskatoon on May 9, 2018. This will be addressed in 7.3 of the agenda.

I attended the spring meeting of the Saskatchewan Oral Health Coalition meeting on May 14, 2018. This will be addressed in 7.1 of the agenda.

I attended a meeting between the College of Dental Surgeons, U of S College of Dentistry, SDHA and the CDHA on May 16, 2018. This will be addressed in 7.4 of the agenda.

Remain in the initial stages of developing a position statement for the SDTA regarding Silver Diamine Fluoride.

I remain in contact with our contact at the Ministry of Health regarding the re-appointment of Richard Rodda and the recruitment of a new appointee for our council.

I remain in contact with PBL the carriers of our Malpractice Liability Insurance and E&O Insurance Policy. I have been in consultations with our lawyer and PBL over the wording of the contract.

Other activities will be reported on as they come up on the agenda.

Respectfully submitted
Cindy G. Reed

Motion: Cindy G. Reed moved her Executive Director's report be adopted as presented. Seconded by Meagan Kachur. Carried.

5.3 Registrar's Report - Cindy G. Reed

There has been one dental therapist registered since the last meeting of council. The name is as follows:

#863 – Sherri Morin

There are currently 222 dental therapists registered with the Saskatchewan Dental Therapists Council.

There were 4 Practicing Memberships (licenses) issued since the last meeting of council. The names are as follows:

#196 – Rachel Monkman

#197 – Savannah Davis

#198 – Sherri Morin

#199 – Jenean Beskal

There are currently 199 Practicing Memberships (licenses) issued to date for the year 2018. There are 193 members with a clinical restorative practice and 6 members with a public health preventative practice. There were 204 Practicing Memberships in 2017.

There are 23 Non-Practicing Memberships issued to date for the year 2018. There were 25 Non-Practicing Memberships issued in 2017.

There are 23 Affiliates issued to date for the year 2018. There were 25 Affiliates issued in 2017.

There was one reinstatement since the last meeting of council. There are no applications under review at this time.

Respectfully submitted,
Cindy G. Reed

Motion: Cindy G. Reed moved her Registrar's Report be adopted as presented. Seconded by Jaylynn Parenteau. Carried.

5.4 Treasurer's Report

Cindy G. Reed gave members an updated treasurer's report and updated comparative audit statement.

Motion: Cindy G. Reed moved her Treasurer's Report be adopted as presented. Seconded by Amy Read. Carried.

6 Committee Reports / Committee Appointments

6.1 Executive Committee - Glenda Burnouf

The Executive Committee had no matters presented at this time.

Respectfully submitted,

Glenda Burnouf (SDTA President)

Motion: Glenda Burnouf moved the Executive Committee Report be adopted as presented. Seconded by Amy Read. Carried.

6.2 Professional Conduct Committee (PCC) - Adam Heimbecker

The PCC is currently working on two cases since last meeting of Council. The first is a new official complaint of concern which is currently being reviewed by the PCC Committee. The second case is a long standing case which is still under legal recommendation and PCC meetings and discussion.

The concerns and complaints to the PCC has been the least amount this last 6 months than since I started on council 3 years ago; for this I would like to give all our well trained, excellent practicing Dental Therapists a pat on the back.

All members of the PCC have been consulting and conversing regularly since last council meeting.

Respectfully submitted,

Adam Heimbecker, PCC CHAIRPERSON

Motion: Adam Heimbecker moved the Professional Conduct Committee Report be adopted as presented. Seconded by Patricia Skalicky. Carried.

6.3 Discipline Committee - Dwight Krauss

No matters have been referred to the Discipline Committee from the Professional Conduct Committee since the last meeting of council.

Motion: Dwight Krauss move the Discipline Committee Report be adopted as presented. Seconded by Penny Griffith. Carried.

6.4 Credentials Committee / Professional Development Grant – Heather Sali & Amy Read

There were no applicants for the \$500 Bursary this year, again going unused. Possibly putting more ads in the newsletter could draw attention.

The RMP is in final draft stages and hope to have it completed this fall. The increase in continuing education credits was discussed at the AGM. Any members feel free to contact the SDTA with questions regarding this.

We would like to welcome all new council members. Amy Read is no longer on council but will continue to say on as committee member for Credentials.

Respectfully submitted,

Heather Sali & Amy Read

Motion: Amy Read moved the Credentials / Professional Development Grant Committee Report be adopted as presented. Seconded by Patricia Skalicky. Carried.

7. Business Arising from Previous Minutes

7.1 Saskatchewan Oral Health Coalition – Cindy G. Reed

The SOHCC was incorporated on Sept. 26th, 2017. It had 18 months to have this first general meeting. On May 14th, 2018 the SOHC unincorporated members met and made a motion to transfer all assets of the unincorporated entity to the SOHC Inc. This ended the unincorporated SOHC. The directors of the SOHC Inc. are Susan Anholt, Jerod Orb, Leslie Topola, Kellie Watson and Dr. Yazdani.

Respectfully submitted,
Leslie Topola

7.2 SOHP Long Term Care – Cindy G. Reed

This business will no longer be on the Agenda as no further updates are required.

7.3 Network of Inter-Professional Regulatory Organizations - Cindy G. Reed

The NIRO group met on May 9, 2018 in Regina. There was a presentation from the Naturopathic Practitioners and on Right Touch Regulation. The Ministry of Health addressed the External Advisory Committee that they are developing, and the Ministry of the Economy gave presentation on Foreign Trained Applicants and Labour Mobility. The next meeting of NIRO is October 10, 2018 in Saskatoon.

7.4 Foreign Qualification Recognition - Cindy G. Reed

The “Equivalency Assessment and Recognition Process for Licensing Internationally Trained Applicants” prepared by Fay Rafter, Consultant, was presented. The report was reviewed and discussed. After positive discussions, the next steps in the process were proposed and decided upon. The SDTA will be initiating conversations with others who have expertise in these matters. Funds for this initial report was provided to the SDTA through the Immigration and Career Training.

Dwight will be attending a meeting/workshop in Toronto on June 4-5, 2018 as a participant on a working group formed by CDHA. The working group is developing a curriculum outline for a one year dental therapy add on program for dental hygienists.

7.5 Re-Entry Mentorship Program - Cindy G. Reed/Amy Read

Amy Read and Cindy Reed are finalizing the Re-Entry Mentorship Program document. Once completed it will be sent to other stakeholders for their comments.

7.6 Saskatchewan Coalition for Tobacco Reduction – Cindy Reed

Cynthia Ostafie is the SDTA Representative on the Saskatchewan Coalition for Tobacco Reduction. Information on the activities developed by the association has been forwarded to members via email. Promotional material was distributed including the handout on “Amend Bill S-5 to ban mass media advertising for vaping products”.

7.7 Infection Protection and Control Standards Review – Dwight Krauss

Dwight is representing the SDTA on the IPC review group. The group is finalizing their review and update of the IPC document. They are also developing CE sessions highlighting the document and the updates. The sessions will be held in Regina and Saskatoon this fall with dates to be announced.

7.8 CDTA - Cindy G. Reed

Discussed and tabled until next meeting of council.

7.9 SOHP Forum – Cindy G. Reed

The Saskatchewan Oral Health Professionals Forum meeting will be held on June 13, 2018. This is a regular meeting between the dentist's, hygienist's, assistant's and therapist's associations to discuss topics that involve legislation and topic of common interest.

7.10 Canadian Association of Public Health Dentistry – Cindy Reed

The CAPHD conference will be held in Vancouver on September 21-22, 2018. The CAPHD will be presenting their Position Statement on Dental Therapy. Mary-Lou Sanderson will be attending on the SDTA's behalf.

7.11 Confidentiality Agreement – Cindy Reed

The SDTA has developed an agreement with consultations with our legal counsel. All members of council will be required to sign the agreement yearly.

8. New Business

8.1 La Loche Dental Day – Cindy G. Reed

There will be a dental day held on September 22-23, 2018 in La Loche/Clearwater River reserve. The plan for the 2 days is to have oral health assessments (by dentists and dental therapists) and hygiene services (by dental hygienists) provided to people in the community in most need – free of charge. Some emergency dental services would be incorporated too after the assessments. There will be restorative done only if there is enough time.

8.2 Committee Appointments

After discussion with council, the following motion was passed:

Motion was made: "I move that we adopt the committee appointments as discussed and recorded in the June 2, 2018 minutes".

Made by: Glenda Burnouf

Seconded by: Mary-Lou Sanderson

Date: June 2, 2018

Committee Appointments are as follows:

Executive Committee – Glenda Burnouf/Mary-Lou Sanderson/Marlo Dunlop (Public Rep.)

Professional Conduct Committee – Adam Heimbecker, Chairperson/Patricia Gottselig/Shirley Mathieson/Lacey Evanochko/Richard Rodda (Public Rep.)

Discipline Committee – Dwight Krauss, Chairperson/Marlo Dunlop (Public Rep.)/Darcy Tkatchuk/Shari Nowosad/Janis Johnson/ Patricia Skalicky

Credentials/Professional Development Grant – Meagan Kachur, Chairperson/Barb Ing/Cindy G. Reed/Amy Read/Heather Sali

Continuing Education Committee/Professional Development – Jaylynn Parenteau, Chairperson/Mary-Lou Sanderson/Heather Sali/Amie Gohlke

SDTA Annual Conference/Election Committee (Regina) – Heather Sali, Chairperson/Lacey Evanochko/Barb Ing/Amie Gohlke

Editorial – Patricia Skalicky, Chairperson/Penny Griffith

Community Oral Health – Lenia Rivera, Chairperson/Penny Griffith/Savannah Davis

Trade-A-Tooth – Savannah Davis

Instagram/Facebook Administrator – Patricia Skalicky

Website – Glenda Burnouf/Cindy G. Reed/Patricia Skalicky/Mary-Lou Sanderson

Administrative

9. Officer's Reports

9.1 President's Report - Glenda Burnouf

See **5.1** President's Report

Motion: Glenda Burnouf moved the President's Report be adopted as presented. Seconded by Patricia Skalicky. Carried.

9.2 Vice President's Report – Mary-Lou Sanderson

Since the last council meeting, my duties as Vice President have not been overly active. I attended the 2018 SDTA Annual Conference and I did emcee the continuing education session. The SDTA Chairperson Jaylynn Parenteau did an excellent job finding informative speakers.

As always if any committees need any assistance please contact me.

Respectfully submitted,

Mary-Lou Sanderson

Motion: Mary-Lou Sanderson moved the Vice President's Report be adopted as presented. Seconded by Penny Griffith. Carried.

10. Committee Reports

10.1 Continuing Education - Jaylynn Parenteau

The 2018 Annual Dental Therapists Conference at Jackfish Lodge was a success. The speakers were all wonderful to work with and delivered interesting and informative presentations. I received a lot of positive feedback from members, and was pleased to see members engaging in further discussion with the speakers after their presentations.

I hope that everyone enjoyed themselves and walked away having learned something new. I sure did! I will now begin to find and book speakers for the Regina 2019 conference. If anyone has any suggestions or ideas, let me know.

Respectfully submitted,
Jaylynn Parenteau

Motion: Jaylynn Parenteau moved the Continuing Education report be adopted as presented. Seconded by Mary-Lou Sanderson. Carried.

10.2 SDTA Conference/Election – Glenda Burnouf

2018 44th Annual conference went well with 70 registered by the deadline however one person cancelled a week before and four people cancelled the day before which left with 65 attendees. We had seven register for supper only. We had 24 register as Scientific only and 41 register for Full registration. Thank you to the Continuing Education committee for the very informative and engaging speakers. We had five speakers present throughout the day. We had a tremendous amount of door prizes donated as well as a few purchased. Each person left with a door prize on Saturday and had a few left over for the AGM on Sunday. Friday night donation basket generated \$237.25 which was donated to STARS in Saskatoon. I have created a binder with all information for conference planning which will be passed on to the next conference planning committee. Financial records are not finalized as of yet.

Election:

I was nominated for President which I accepted. No other nominations were presented. I was elected by acclamation.

Six names were nominated for the four Council member-at-large positions, it went to vote and the four council members at large are Shari Nowosad and Jaylynn Parenteau returning for their second term. Meagan Kachur and Penny Griffith newly elected to Council.

Glenda Burnouf (Co-Chair SDTA Conference Committee)

Shari Nowosad (Co-Chair SDTA Conference Committee)

Motion: Glenda Burnouf moved the SDTA Conference/Election report be adopted as presented. Seconded by Adam Heimbecker. Carried.

10.3 Editorial – Patricia Skalicky

Since the last council meeting the no newsletters have been published. Deadline for submissions is June 15th, 2018 with a projected distribution before the end of July 2018. The newsletter will be made available via the SDTA website and Facebook page. If you would like to send feedback or submit to community spotlight, staying current, or member recognition sections please submit to patricia.skalicky@sasktel.net.

As per the Continuing Education Requirement Policies, CE points are available for newsletter submissions!

Publications

- Articles submitted to and published in the official newsletter of the SDTA, at the discretion of the Editor and the Credentials Committee, are eligible for 1 credit per newsletter to a maximum of 6 credits per three-year period.
- Articles written and published in the official newsletter of the SDTA, at the discretion of the Editor and Credentials Committee, are eligible for up to 3 credits per newsletter, to be determined by the Credentials Committee, to a maximum of 9 credits per three-year period.
- Articles pertinent to the Dental Therapy profession, written and published in other publications, evaluated by the Credentials Committee, are eligible for up to 3 credits per article to a maximum of 9 credits per three-year period.

Dental Therapy information has been posted on the Facebook Page. Member interaction has seemed to increase with more likes, comments and shares.

A recent poll was conducted to see which method of communication was preferred by members. The majority vote was via email. Due to privacy laws, the SDTA is not able to email communications via email unless the member has opted in. Some members have not opted into receiving email communications on their registration form. If you do not receive information but would like to please contact Cindy Reed at sdta@sasktel.net.

Motion: Patricia Skalicky moved the Editorial report be adopted as presented. Seconded by Meagan Kachur. Carried.

10.4 Community Oral Health - Lenia Rivera /Patricia Skalicky

Activities : No activities yet

Recommendations: To continue working on position statements
To continue working in public awareness regarding oral health

Respectfully Submitted,

Lenia Rivera

Motion: Cindy G. Reed move the Community Oral Health report be adopted as presented (Submitted by Lenia Rivera and read by Patricia Skalicky). Seconded by Meagan Kachur. Carried.

11. Business Arising from Previous Minutes

11.1 Saskatchewan Oral Health Professions Conference - Cindy G. Reed

The 2018 conference has been set for September 6-8, 2018 in Saskatoon. The SDTA will attend and have a booth once again this year.

11.2 Website – Patricia Skalicky

There was informal discussion updating the look of the website. Various website development agencies will be explored. Tabled until next meeting of council.

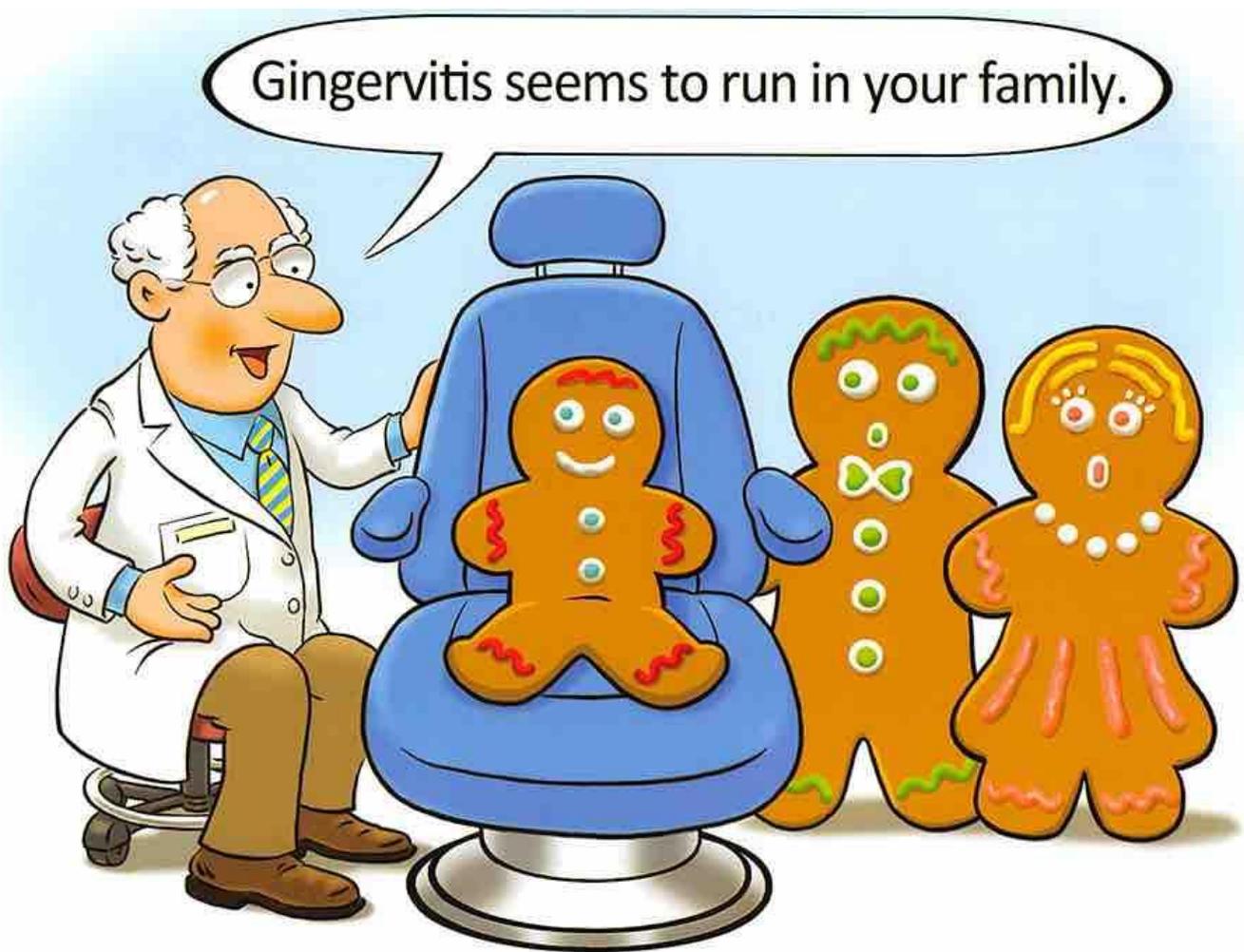
13. Date and Place of Next Meeting

The next council meeting will be **Saturday October 13, 2018** at 10:00 am in Saskatoon, SK.

14. Reviewed Meeting Action List

15. Adjournment

Glenda Burnouf adjourned the meeting.





Saskatchewan Dental Therapists Association

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Your feedback is important to us! If you have any comments or suggestions for upcoming newsletters, please email the editor at: patricia.skalicky@sasktel.net