

Dr. McKinstry

8:30am-10am

Course Title:

“Indigenous Discourse in Oral Health”

Biography:

Wabishki mitadim ojichidaa ikwe / White Horse Warrior Woman is a member of Sagkeeng First Nation, located on Treaty 1 Territory in Manitoba. She is a mother to four grown children and wife to her husband Andrew for almost 3 decades. Her family originates in Manitoba, including Sagkeeng FN, Little Black River FN, St. Peter’s/Peguis FN, and Bad Throat/Manigotagan communities. Dr. McKinstry is a pediatric dentist and founder of the Indigenous Dental Association of Canada (IDAC). She also spends time in private practice at Tiny Teeth Pediatric Dentistry as a pediatric dentist and pediatric dental surgeon. Sheri completed a Bachelor of Science in 2001, a Bachelor of Science in Dentistry and a Doctor of Dental Medicine in 2005, a Master of Public Health in 2017, and a Master of Dentistry in 2020 when she also completed her residency in pediatric dentistry. She successfully completed the National Dental Specialty Examination in 2020 and the Royal College of Dentists of Canada Fellowship examination in 2021. She entered the PhD program in the Community Health and Epidemiology department in the College of Medicine at the University of Saskatchewan in 2021, however, is currently on leave. Dr. McKinstry is a Fellow of the Royal College of Dentists of Canada. Sheri is also the Saskatchewan Dental Officer for the Indigenous Services Canada dental therapy program and sits on the External Consultant Committee for Jordan’s Principle. She is also a Board Member for the Canadian Society for Disability and Oral Health (CSDH).

Jada Smith

10:15am-11:00am

Course Title:

Little teeth are a big deal: Dental Therapy in the Yukon Territory

Biography:

Jada Smith Dental Therapist, moved to the Yukon Territory shortly after graduation in 2007. Jada fell in love with the north and has been employed with the Yukon Children’s Dental Program ever since. As one of two dental therapists working for this school-based program, she specializes in 2 handed paediatric dentistry on preschool to twelve-year-old children (no sedation). Jada has embraced the movement of minimally invasive dentistry and is working to reduce the amount of time each child needs to spend in the “restorative” dental chair. She is passionate about making the dental experience positive and determined for a more preventative future in the North. She has an irrational appreciation for corny puns and her pet peeves are low suction and slow walkers. jada.smith@yukon.ca

Travis Eveleigh

11:15am-12 noon AND 1:00pm-2:30pm

Course Title(s):

TMJ Pain-Understand it, Spot it, Manage it! (Morning session)

Postural Strain and Mechanical Stress – “The Other Toothache” (Afternoon Session)

Biography:

Travis Eveleigh is passionate about empowering people.

As a Registered Physiotherapist over the past 15 years he is directly involved with multiple aspects of health care including direct patient care, facilitating/developing community-based health programming for youth, participating in clinical research for TeleHealth in Rural and Northern Saskatchewan and is an advocate for digital health strategies and innovation. Travis is a Certified McKenzie Diagnosis and Therapy practitioner and manual therapist and as such has developed a clinical expertise in advanced spinal and extremity care. He is a Vestibular therapist assisting patients with balance and dizziness disorders and as a certified natural movement trainer is an advocate for movement competency. Travis is a clinical educator and trainer, assisting fellow physiotherapists as well as occupational therapists, kinesiologists, and psychologists with clinical best practice in areas of spinal care, functional rehabilitation and pain disorders. Over the past 15 years he has integrated his skills into a client empowering methodology that focuses on helping people get back to what is most important to them, by recognizing the power and accessibility of education and self-management.

Terri Archibald

2:45pm-4:15pm

Course Title: Dental Caries or Xerostomia - Are we treating the right condition?

Course Description: Xerostomia is defined as the subjective sensation of oral dryness which is now affecting up to 50% of the population. Symptoms may range from mild discomfort to acute oral manifestations that can significantly affect one’s quality of life. Factors such as age, gender, medical conditions, and medications play a significant role in the progression of symptoms and oral conditions. The diagnosis and therapeutic approaches of this condition can vary since the etiology can be multifactorial. Learn how you can best support your patients with oral health therapies that will achieve favorable results in reducing acute side effects and long-term complications.

Course Objectives:

- Discuss why xerostomia is not simply just dry mouth
- Assess the etiology of xerostomia and consequences of related oral conditions
- Differentiate the pathophysiology of dry mouth oral manifestations

- Create a management Plan that includes patient education tools, lifestyle modifications, and preventive measures
- Mitigate patients risks by Implementing Health Canada approved treatment modalities.
- Evaluate the current evidence for treatment guidelines on dry mouth and dental caries
- Learn how to recommend these solutions to your patients

Biography:

Terri Archibald-Boulet B.Sc. DH, RDH – Terri brings over 34 years to the dental profession. She has been employed in various practice settings; provided dental screening and education in northern Ontario communities; developed an independent sports mouthguard business and education on orofacial injuries; and has instructed at both the college and university institutions. She was selected to complete Poster presentations at the University of Manitoba Interprofessional Community Symposium in Winnipeg, the CDHA Global National Conference in Ottawa, and the Canadian Diabetes 21st Professional Conference in Halifax. Terri was awarded the Sigma Phi Alpha Dental Hygiene Honour Society in 2014, the Hu-Friedy Nevi 2.0 CDHA Scholarship in 2016, and the University of Manitoba School of Dental Hygiene Alumni Association Bursary in 2017. Her current role with Oral Science involves consulting with dental and medical professionals in the development and integration of protocols that focus on obtaining optimal clinical outcomes through diagnostic and preventive strategies.